

be happier •build family unity •feel great • take care of latch key children • reduce unemployment • in-crease communication skills • expand knowl-

edge · lose weight · diminish chance of disease · build selfesteem · reduce stress · promote sensitivity to cultural diversity · eliminate loneliness · increase community pride · reduce crime · provide safe places to play · generate revenue • lower health care costs • meet friends • educate children and adults • relax • keep business from leaving · elevate personal growth · strengthen neighborhood involvement · conquer boredom · províde chíld care · boost economy · curb employee absenteeism · increase tourism · build strong bodies • increase property value • attract new business · preserve plant and animal wildlife · instill teamwork · live longer · protect the environment · create memories · clean air and water · boost employee productivity · look better · enhance relationship skills · decrease insurance premiums · control weight · offer places for social interaction. diminish gang violence. teach vital life skills . provide space to enjoy nature . . . THE BENEFITS ARE ENDLESS

Spring and Summer 2011 Program Guide

Special Events



15th Annual Egg Hunt

Join the Parks & Recreation Department on the grounds of Town Hall on Saturday, April 16. Additional features include a jellybean counting contest, and a special appearance by the Easter Bunny. Bags will be provided for egg collecting. Call the Parks & Rec.

Office to pre-register. Cost is \$1.00 per child. Pay on the day of the hunt in the lobby of Town Hall. Rain date is Sunday, April 17.

Age Divisions: Under 3 at 12:00 p.m. 3- 4 year olds at 12:15 p.m. 5 - 6 year olds at 12:30 p.m. 7 - 8 year olds at 12:45 p.m.

Day: Saturday Time: See above Date: 4/16 Fee: \$1.00

12th Annual Flashlight Egg Hunt



Just for students in grades 3 – 5! The hunt will be held on the grounds of Town Hall at 8:00 p.m. sharp, and will last approximately 20 minutes. All participants must bring their own

flashlights. Bags will be provided for collecting. Call the Parks & Recreation Office to pre-register. Cost is \$1.00 per student. Pay on the evening of the hunt in front of the Town Hall.

Day: Friday Time: 8:00 p.m. Date: 4/15 Fee: \$1.00

Springtime Crafts Workshop

Children ages 3 - 5 and in grades 1 - 4 will create an eggceptional craft for spring. Please wear a smock or clothes that can get messy.

Day: Friday Date: 4/15

Tots: 5:00 – 6:00 p.m. **Grades 1- 4:** 6:00 – 7:00 p.m.

Place: Town Hall Room 119

Instructor: Pam Zavarelli Fee: \$15.00

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The Wizard's School of Magic

Students in grades 1 – 4 will learn five magic tricks from Tom O'Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and WFSB's Better Connecticut. Tom O'Brien is a master at his craft

and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform the tricks at home, and a magic wand! Please register soon before the spaces – alakazaam - disappear!

Instructor: Tom O'Brien Fee: \$15.00 each

Alakazaam - Magic Workshop 4:

Thursday, 3/31, 3:30 - 4:30 p.m. HHES Music Rm

Mother's Day 5K – Sunday, May 8 9:00 a.m. start at Brookfield High School Please visit our website to download an application. Walkers welcome!

Special Events, continued

Tom O'Brien's Magic Show

Looking for a fun way to spend some time with your children on a day off from school? Join us for a Comedy Magic Show by Tom O'Brien. Tom has delighted children at our summer camp program, and is also the instructor of our ever-popular magic workshops. This performance is age appropriate for children 3 – 10, and will be held in the auditorium of Brookfield High School, 10:00 – 10:45 a.m. This event is free and we look forward to seeing you there!

Day: Tuesday Time: 10:00 a.m.
Date: 4/19 Place: BHS Auditorium

Fee: Free

14th Annual Big Wheel "500"



Drivers ages 3 - 6, rev up your engines for the fourteenth annual Big Wheel 500. Each driver should bring his or her own vehicle (no bicycles, please) and helmet, and be prepared for an exciting race around the parking lot of Town Hall, which will be closed to traffic. Big wheels will be provided for children if needed. Race begins at 2:00 p.m.

All who participate will receive a prize. Please pre-register with the Parks & Recreation Office by calling 775-7310.

Day: Saturday Time: 2:00 p.m. Date: 5/14 Fee: Free



"Drive In" Movie Series

Now on Friday night...come for the concert, stay for the movie! We're going to be reliving all of the excitement of the Danbury Drive In right here

in Brookfield at the eleventh annual drive in movie series. Bring your friends and family, along with blankets, chairs, and snacks. The show starts at dusk at Town Hall, and will be shown on a 10 x 10 foot video screen. Seating will be on the lawn in front of the bandstand. This event is free! A flyer detailing the movies will be sent through the schools in June and will also be available on our website.

Day: Friday Time: Starts at dusk

Date: 7/22, 8/5, 8/19 Fee: Free

Father's Day Craft Workshop

Come make a few handy things for any dad! We'll be making/decorating gifts like a handyman waist apron, a storage container and a paperweight. Please wear a smock or clothes that you don't mind getting dirty.

Day: Friday Date: 6/10

Tots: 5:00 - 6:00 p.m. **Grades 1- 4:** 6:00 - 7:00 p.m.

Place: Town Hall Room 119

Instructor: Pam Zavarelli Fee: \$15.00

Summerfest

This popular event will be held at the Town Park Beach on Candlewood Lake Road, 12:00 – 4:00 p.m. Features include water balloon and egg tosses, a sand castle building contest, ice cream and watermelon eating contests, diving and cannon ball contests, and more. There is no charge for the events, but you will need to show your beach pass or pay the daily guest fee to enter the Park for the day.

Day: Friday Time: 12:00 – 4:00 p.m. Date: 7/29 Fee: free with beach pass

Get Out of Town



Discount Tickets for Lake Compounce

We are pleased to offer you the opportunity to purchase discount tickets to Lake Compounce Amusement Park in Bristol, CT. Tickets will be available for purchase beginning June 1 through August 26, and can be used for daily admission through September 2011. Price is \$26.50 for either adult or junior tickets. That's almost \$10.00 less than the price at the gate for adult tickets!

New ~ Boston

Cheesecake Factory and Charles River

We think that this trip is just about the perfect way to spend a day. Leave from Brookfield Town Hall at 7:45 a.m. en route to Boston. After lunch at The Cheesecake Factory (included) you'll have some time to explore the Galleria Mall before boarding the Charles Riverboat for a fun cruise on the legendary Charles River. End the afternoon with some free time at Quincy Market before arriving back in Brookfield at 8:30 p.m.

Day: Saturday Date: 5/14 Time: 7:45 a.m. departure Fee: \$84.00

Block Island for the Day

Just seven miles long and three miles wide, this idyllic island is a great escape for a day! We'll be leaving Brookfield Town Hall at 7:00 a.m. and traveling by coach bus to Point Judith, RI where we will board a ferry for an hour long cruise to Old Harbor, Block Island. Old Harbor is designated a National Historic District with wonderful Victorian buildings. It is just a short walk from the ferry to the center of town. Upon arrival on the island enjoy free time among a variety of restaurants (have lunch on your own) and shops. Choose to relax on the beach, bike or watch the yachts go by. Following free time we will board a private coach bus for a guided tour of the island before returning home. Expected arrival time back in Brookfield is 8:45 p.m.

Day: Saturday Date: 6/25 Time: 7:00 a.m. departure Fee: \$81.00

New ~ Cirque du Soleil – Zarkana

Don't let the price fool you, we were able to get deeply discounted orchestra seats (Rows L-O, seats 301-313) and pass the savings on to you! Zarkana is a fantastically bizarre world where we follow the adventures of Zark, a magician who has lost his love and, with her, his powers. As he cries and begs for her return he is plunged into a world inhabited by surreal creatures. The diverse cast of 71 international artists transports the audience into a fantastical and suspenseful world, blurring the boundaries between the real and imaginary. Zarkana will be the largest scale production ever for Cirque Du Soleil. Leave from Brookfield Town Hall at 9:30 a.m. and enjoy time on your own for lunch before the 2:00 p.m. show at Radio City. Return to Brookfield directly after the performance.

Day: Wednesday Date: 8/17 Time: 9:30 a.m. departure Fee: \$93.00

Adult Education

W.E.R.A.C.E. - Western Connecticut **Regional Adult and Continuing Education** 797-4731

http://www.danbury.k12.ct.us/werace/WERACE/Welcome.html WERACE (Western Connecticut Regional Adult Education) is a regional program that provides FREE state mandated adult education services to adults 16 years of age and older who live in the towns of Bethel, Brookfield, Danbury, New Fairfield, Newtown, Redding, and Ridgefield.

A full range of free adult education programs including ESL and high school completion is presently available to adult learners from the above towns and allows WERACE to address basic literacy needs, as well as the skills necessary to transition to higher education, training and/or employment.

Microsoft Word 2000 Level 1

Learn the basic skills needed to use this program. Copy, Cut, Paste, Save, Insert, Tables, and more will be covered.

Day: Tuesday Time: 6:30 - 8:00 p.m.

Dates: 4/19 – 4/26 (2 wks) Fee: \$65.00 Place: Computer Talk, 475 Federal Road, Unit B



Microsoft Word 2000 Level 2

Learn how to prepare more complex documents. We will create a newsletter and in the process learn how to create headers

and footers, import graphics and pre-created text, create and format tables and more. A working knowledge of MS Word is required. A course manual and disk are included.

Time: 6:30 - 8:00 p.m. Day: Tuesday

Dates: 5/3 – 5/17 (3 wks) Fee: \$135.00 Place: Computer Talk, 475 Federal Road, Unit B

Microsoft Excel 2000 – Level 1

This class is designed for individuals who have little or no experience in using a spreadsheet. Class will teach use of simple formulas, charting, fill commands, nomenclature and more.

Day: Wednesday Time: 6:30 - 8:00 p.m.

Dates: 4/20 - 4/27 (2 wks) Fee: \$65.00 Place: Computertalk, 475 Federal Road, Unit B



Microsoft Excel 2000 - Level 2

Working with a fictitious company, students will learn how to work with databases and lists, use logical, financial and date functions, format worksheets, insert, move and modify

objects, link worksheets with 3-D references, use excel on the web, and use and customize templates. A course manual and disk are included.

Day: Wednesday Time: 6:30 - 8:00 p.m.

Dates: 5/4 – 5/18 (3 wks) Fee: \$135.00 Place: Computertalk, 475 Federal Road, Unit B

Adult Education, continued



Microsoft Access – Level 1

This course will center on learning the basic features of Access. We will create a database complete with tables, forms, queries, and reports. We will also use features such as wizards and

design view to help us create different database objects. Course manual and disk provided.

Day: Thursday Time: 6:30 - 8:00 p.m.

Dates: 4/21 – 5/5 (3 wks) Fee: \$135.00 Place: Computer Talk, 475 Federal Road, Unit B

Women's Guide to Managing Money

Woman's Guide to Money Matters is a seminar designed for women of all ages to learn how to take control of their financial life by examining their values and setting specific. realistic and measurable goals. At this seminar participants will learn strategies about:

- What you can do now to prepare for retirement or live in retirement
- Learn how to manage your retirement income
- Planning your estate
- Your options to pay for a child's or grandchild's education
- Developing a strategy to help achieve your financial goals and enjoy life with financial freedom

Day: Thursday Date: 4/7 Time: 6:00 - 7:30 p.m. Fee: \$10.00

Place: Edward Jones, 304 Federal Road, Brookfield

Market Snapshot and Money Management

This seminar introduces the fundamental rules to investing. At the seminar participants will learn:

- The most common investing mistakes and how to
- Investing strategies to help reach their long-term goals
- What they can do now to prepare for Retirement, Saving, Education and Money Management

A Current updated Market snapshot

Day: Tuesday Date: 5/10 Time: 6:00 - 7:30 p.m. Fee: \$10.00

Place: Edward Jones, 304 Federal Road, Brookfield

New ~ Exploring Careers in Real Estate

Find out what it takes to get a real estate license and what to expect in regards to income, hours and expenses. All of your questions will be answered in this informal presentation led by Linda McCaffrey, a successful realtor since 1986 and owner of McCaffrey Realty Professionals. Please specify session when registering.

Session 1: Wednesday, April 27, 7:00 - 8:30 p.m. Session 2: Thursday, May 12, 10:00 – 11:30 a.m.

Place: McCaffrey Realty Professionals, 246 Federal Rd Suite B-23

Fee: \$20.00

Intermediate Bridge

This advanced beginners course is intended for players who have completed the beginner's course or who currently play and wish to sharpen

their skills. The class will begin with an overview of bidding and regular responses and will follow with discussions on reverses, jump responses, rebids, slam bidding and play of the hand. The minimum size of the class is six participants, maximum of twelve.

Day: Monday Time: 6:30 - 8:30 p.m. Dates: 5/2 - 6/13 (6 wks)- no class 5/30 Fee: \$54.00 Instructor: Irv Agard Place: Senior Center

Color Me Beautiful

In this workshop, participants will be introduced to Reinventing Yourself with Color Me Beautiful. If you are confused with clothing colors to wear, this introduction program provides you ways to recognize a personalized color identification of your natural coloring. You will learn the concepts that give you the right tools to make choices at home and in the store. Knowing what your best colors are and choosing which color is the best choice to wear will help you lighten and brighten your appearance. When you wear your personalized colors, you will feel younger, thinner, prettier, and full of self-confidence. Even makeup can be color coordinated to your seasonal palette.

Day: Tuesday Time: 7:00 - 9:00 p.m.

Date: 4/5 Fee: \$20.00

Place: Town Hall Meeting Room Instructor: Patricia Rayner



Digital and Film Photography

In just five weeks this class will have you using your camera like a pro. You'll

learn what all those camera buttons and hidden menus do. Technical terms like white balance, compression and resolution will be explained, but we'll also spend time on esthetic issues. Weather permitting, we'll be going outside to shoot during class. Weekly assignments will encourage you to practice and to develop your artistic sense. Bring your camera manual as well as your camera, charge up those batteries and let's have some fun.

Day: Thursday Time: 7:00 - 9:00 p.m.

Dates: 4/28 - 5/26 (5 wks) Place: Town Hall Meeting Room

Instructor: Mary Ann Kulla Fee: \$70.00

Click, Load & Print

This class will demonstrate how to get your digital photos onto your computer, organize them, and make prints using your home printer. Bring a memory card with some pictures you don't mind experimenting with, plus bring any connecting cables that came with your camera and your camera manual.

Day: Thursday Time: 7:00 - 9:00 p.m. Date: 6/9 (1 wk) Place: BHS Room 239

Instructor: Mary Ann Kulla Fee: \$25.00

New ~ Photoshop Personal Tutorial

If you would like to improve your photos or artwork, this oneto-one workshop will get you the personal help you need. We'll work on the topics of your choice. We can focus on enhancing your photos, adjusting color, cloning out imperfections, cropping or how to make selections and move them. Bring your laptop to class if Photoshop or Photoshop Elements is already installed on it, otherwise we'll use the Brookfield High School computers. Please also come prepared with some photos you'd like to experiment with. Time: 7:00 - 9:00 p.m. Day: Thursday

Date: 4/14 or 6/16 (1 wk) Fee: \$80.00 Place: BHS Computer Lab - Room 239

Instructor: Mary Ann Kulla

Are You In A Food Rut?

It's time to start varying what you cook and eat. The typical American eats the same 10-15 foods every day; let's break out and expand our food horizon! Join us as we discuss the benefits of using a variety of ingredients, and how to plan and prepare different and delicious foods. Your meals will never be the same! Food sampling and helpful tips for all! Hillary Stern is a Food Counselor who helps people pick, plan and prepare delicious foods for a healthier life. Check out her website: http://www.HillaryStern.com

Day: Wednesday Time: 7:00 - 8:45 p.m.

Date: 6/8 Place: Town Hall Meeting Room

Instructor: Hillary Stern Fee: \$25.00

Sugar and Salt: The Demons in Your Diet!

Suffering from the sugar blues? Do you constantly crave sweets and want to know why? Do you salt your food before you even taste it? How do you gain control of these diet demons without feeling deprived? Explore the causes of these crazy, uncontrollable cravings and learn ways to reduce them naturally. This class will change your relationship with sugar and salt forever. Hillary Stern is a Food Counselor who helps people pick, plan and prepare delicious foods for a healthier life. Check out her website:

http://www.HillaryStern.com

Day: Wednesday Time: 7:00 - 8:45 p.m.

Date: 6/22 Place: Town Hall Meeting Room

Instructor: Hillary Stern Fee: \$25.00

New ~ Baking 101

Participants of this class will learn how to bake a beautiful, delicious cake every time, navigate new recipes with confidence, and learn how to overcome baking disasters, all while having the fun of a little innocent competition. Students will take home a recipe, baked cake, container of buttercream, and the skills to carry with them for a lifetime.

Day: Tuesday Time: 6:30 - 8:30 p.m. Dates: 4/12, 5/17 OR 6/14 (pick any one session) Place: Sweet Rewards, 18 Old Route 7, Brookfield

Fee: \$60.00/session

New ~ Cake Decorating Basics

This class is for people who are interested in learning the basics in cake decorating. They will learn how to frost a cake and successfully cover it with fondant, create simple decorations, and learn basic piping skills. Students will take home a finished cake, a small tool kit, and the basic skills needed to create a finished cake at home.

Day: Tuesday or Wednesday Time: 6:30 - 8:30 p.m. Dates: 4/5 (T), 5/11 (W), or 6/7 (T) (pick any one session) Place: Sweet Rewards, 18 Old Route 7, Brookfield

Fee: \$90.00/session

New ~ Advanced Cake Decorating

This class is designed for more advanced cake decorators. Students will learn how to create an edible work of art by turning an ordinary cake into something that looks entirely different; a gift box. Students will take home a finished, decorated cake with skills they can use to impress their friends and family on every special occasion.

Tool kit included. Prerequisite: Cake Decorating Basics.

Day: Tuesday Time: 6:30 - 8:30 p.m. Dates: 4/19, 5/24 or 6/21 (pick any one session) Place: Sweet Rewards, 18 Old Route 7, Brookfield

Fee: \$100.00/session

Mediterranean Vegetable Cooking

Everyone knows that the heart-friendly "Mediterranean Diet" is filled with wonderful, but sometimes unfamiliar vegetables. from artichokes to zucchini. Whether your goal is to stretch your grocery budget with hearty non-meat dishes, cook for a vegan or vegetarian, or surprise your dinner guests with something different, this class will meet your needs. Participants will spend time learning how to select and prepare ingredients and the different cooking techniques used with those ingredients. Many traditional recipes have been updated to make them lower in cholesterol, and able to retain the maximum number of nutrients. Classes will be conducted as a combination demonstration and hands-on workshop and will encompass appetizers, side dishes, and main courses. Instructor Ann Salinger's first cooking teacher was her mother, who grew up on a farm in Southern Italy. Since then Ann has taken numerous cooking courses in Europe (where she lived for seven years) and Asia, and has enjoyed sharing her knowledge of ingredients and techniques, and enthusiasm for cooking, with friends and students.

Session 1 Topics include: Zucchini, Eggplant, Green Leafy Vegetables and Peppers and will be held on 4/27, 5/4, 5/11, 5/18 (4 wks)

Session 2 topics include: Artichokes, salads, Mushrooms and a sampling of Pasta and Vegetables and will be held on 5/25, 6/1, 6/8, 6/15 (4 wks)

Day: Wednesday Time: 6:30 - 8:30 p.m.

Place: WMS Home Ec. Room #1515

Fee: \$82.00/session

Adult Education, continued

CPR/AED for Adults or Infants/Children

This course covers CPR in an approach that complements adult learning styles, featuring hands-on practice and real life scenarios. Additionally, this course also includes training in using an automated external defibrillator (AED) on a victim of sudden cardiac arrest. Useful take-home course materials help you retain skills and serve as an excellent refresher and reference tool after training is complete.

Session 1: CPR/AED for Adults Tuesday, 4/26, 5:30 - 10:00 p.m.

Session 2: CPR/AED for Child and CPR for Infant

Tuesday, 5/3, 5:30 - 10:00 p.m. Place: Town Hall Meeting Room

Instructor: ARC Staff Fee: \$80.00/session

CPR/AED Re-Certification

This review course provides individuals with the opportunity to review the course content within a formal course setting. Each participant will have the opportunity to view video segments and practice and perform skills for evaluation and complete the written exam for the course being reviewed.

Session 1: CPR/AED Recert for Adults

Tuesday, 5/10, 6:30 - 9:00 p.m.

Session 2: CPR/AED Recert for Infant/Child

Tuesday, 5/17, 6:30 - 9:00 p.m. Place: Town Hall Meeting Room

Instructor: ARC Staff Fee: \$75.00/session



D.E.P. Boating Safety Course

Students of all ages successfully completing this course will satisfy the education requirements for the Connecticut State

Boating Certificate, required for anyone who operates a boat. Participants must attend all four classes. There is an additional \$50 certificate fee to the State, which you will mail in after successful completion of the class. Day: Tuesday and Thursday (twice a week for 2 weeks)

Time: 7:00 - 9:30 p.m. Dates: 5/17, 5/19, 5/24, 5/26

Place: WMS Seminar Rm. Fee: \$20.00



We are always looking for new class ideas! If you have an area of expertise that you would be willing to share with others, please download a "class proposal form" from our website. Days and times of classes are flexible, and previous teaching experience is not always necessary. Class proposals should be received by 8/1/11 to be considered for the fall program guide.

Decorative Arts



Floral Design

Tap into your creative side and make three unique fresh flower arrangements that you can take home for yourself or gift to someone special (if you can part with them). From everyday to

holiday with something in between you will learn how to show off your talent with the help of a Professional Floral Designer. No experience necessary, \$25 material fee to be paid to instructor each class. Please bring floral spins

instructor each class. Please bring floral snips.

Day: Wednesday Time: 7:00 - 9:00 p.m.

Dates: 5/18 – 6/1 (3 wks) Fee: \$48.00

Place: Town Hall Meeting Room Instructor: Shannon Schnuerer

Watercolor for Adults

Whether you are an artist just starting out or someone who has painted for a while, you will find this workshop fun, educational and inspiring. You will learn how to see colors in nature you have never seen before through the color wheel, and touch upon the importance of good drawing techniques as the bones of your painting. You will learn a wide variety of watercolor techniques while painting your own landscape by the end of the class, including values, learning first to see them in black and white then in color. Please ask for a materials list when registering (approximate cost \$40).

Day: Thursday Time: 6:00 - 8:00 p.m.

Session 1: 4/7 - 6/2 (8 wks) - no class 4/21

Session 2: 6/16 – 8/4 (8 wks)

Place: Senior Center Fee: \$88.00/session

Instructor: Victoria Lange

Adult Fitness - Running



Train for a 5K

Are you interested in running a 5K (3.1 miles) road race? Are you a walker who would like to try running? Are you a runner interested in improving your times? Come join Cassie Dunn in a group setting for a series of training runs and short lectures. (Come dressed to run and

bring a water bottle) You will learn how to design a training program based on your level of fitness, whether you are a walker or a runner. Each participant will be evaluated and given a training program to follow on their own until the next week's meeting. This program will meet for six weeks, culminating in the Mother's Day 5K on 5/8/11. (Registration for the 5K is included in the fee.) All fitness levels are welcome! Cassie Dunn, a former cross-country and track coach, lives in Brookfield. She is a NASM certified personal trainer, functional training specialist, Pilates instructor and Spinning instructor.

Day: Saturday Time: 9:00 – 10:00 a.m.

Dates: 3/26 - 5/8 (6 wks) - no class 4/23

Place: BHS Track Fee: \$70.00

Instructor: Cassie Dunn

Adult Fitness, continued



Zumba is a great way to stay physically and mentally fit. It is like no other workout you will ever experience! Zumba is great for the mind, body and

soul and is based on the principal that exercise should be fun, which helps you stick with the program until you get results - the key to long term good-health. It's a feel good exercise program designed with a scorching fusion of world music and spicy dance rhythms. With its easy to follow choreography, you burn 500 to 800 calories per hour depending on how hard you work, and tone your body from head to toe. Zumba fitness utilizes aerobic interval training (combining fast and slow rhythms) to deliver a high energy, heart pumping cardiovascular workout you want to return to again and again. Session 1: Monday, 7:00 – 8:00 p.m. with Dolly Pinto

Dates: 4/4 - 6/6 (8 wks) - no class 4/18, 5/30

Session 2: Thursday, 7:00 – 8:00 p.m. with Jennifer Kraus

Dates: 4/14 - 6/9 (8 wks)_- no class 4/21

Place: WMS Cafeteria Fee: \$75.00/session*

*Register for both sessions and save \$20 off the total cost!



Yogalates

A hybrid of yoga and Pilates, Yogalates will give you the best of both techniques. By becoming mindful of movement and breath,

and connecting your mind to your muscle, you will increase your flexibility, strength and muscle balance. This program can be modified for all fitness levels, but participants should be comfortable working on the floor. Please bring a mat, a towel and water bottle.

Day: Tuesday Time: 7:00 – 8:00 p.m.

Dates: 4/12 - 6/7 (8 wks) - no class 4/19

Place: Center School Gym Instructor: Phyllis Babuini

Fee: \$75.00

Training Power Hour

This class is like having a personal trainer for 1 hour!!! For women who want a TOTAL body workout. In this class you will burn calories, while firming, shaping and toning, the arms, back, chest, shoulders, legs, glutes and abs. Learn proper form and technique, and obtain your best body possible, by using hand held weights, bands, steps, balls and more. No two classes are the same!!! For people of all physical levels, this class will challenge the beginner AND advanced student. A fun class, with individual attention, that will get you results! Class also includes a warm up, cool down and stretching. Bring water and a towel. BABYSITTING AVAILABLE with an advanced reservation! Register for a session and receive a free single class pass at No Limit.

Day: Thursday Time: 9:30 – 10:30 a.m.

Dates: 4/14 – 5/12 (5 wks) Fee: \$59.00 5/19 – 6/16 (5 wks) Fee: \$59.00 6/23 – 7/21 (5 wks) Fee: \$59.00

Instructor: Donna

Place: NO LIMIT Health and Fitness, 1120 Federal Rd

Adult Fitness, continued



Indoor Group Cycling

Come SPIN your way to fitness! You've heard about it, now come and try it! This high-energy workout lets you train at YOUR fitness level in a group situation. In a

darkened room, with a top-notch instructor and great music – you will have FUN while getting into the shape of your life! Regardless of your age, fitness level or experience – you will LOVE this! B BABYSITTING AVAILABLE with an advanced reservation! Register for a session and receive a free single class pass at No Limit. CLASS LIMITED TO 6 PEOPLE. NO LIMIT Health and Fitness, 1120 Federal Road, Brookfield, CT (775-8548) is the site for all of our cycling classes.

SPIN AND CORE TRAINING Monday, 9:15 – 10:30 a.m.

Section 1: 4/11 – 5/9 (5 wks) Fee: \$59.00/section

Section 2: 5/16 - 6/13 (5 wks) Section 3: 6/20 - 7/18 (5 wks)

Instructor: Liz

SESSION 2: Monday, 6:00 – 7:00 p.m.

Section1: 4/11 – 5/9 (5 wks) Fee: \$59.00/section

Section 2: 5/16 – 6/13 (5 wks) Section 3: 6/20 – 7/18 (5 wks)

Instructor: Cassie

SESSION 3: Wednesday, 6:00 – 7:00 a.m.

Section 1: 4/13 – 5/11 (5 wks) Fee: \$59.00/section

Section 2: 5/18 – 6/15 (5 wks) Section 3: 6/22 – 7/20 (5 wks)

Instructor: Alison

SESSION 4: Wednesday, 5:30 – 6:30 p.m.

Section 1: 4/13 – 5/11 (5 wks) Fee: \$59.00/section

Section 2: 5/18 – 6/15 (5 wks) Section 3: 6/22 – 7/20 (5 wks)

Instructor: Stacey

SESSION 5: Thursday, 6:30 - 7:30 p.m.

Section 1: 4/14 – 5/12 (5 wks) Fee: \$59.00/section

Section 2: 5/19 – 6/16 (5 wks) Section 3: 6/23 – 7/21 (5 wks)

Instructor: Liz

SESSION 5: Saturday, 9:15 – 10:15 a.m.

Section 1: 4/16 – 5/14 (5 wks) Fee: \$59.00/section

Section 2: 5/21 – 6/18 (5 wks) Section 3: 6/25 – 7/23 (5 wks)

SESSION 7: Sunday, 9:15 – 10:15 a.m.

Section 1: 4/17 – 5/15 (5 wks) Fee: \$59.00/section

Section 2: 5/22 – 6/19 (5 wks) Section 3: 6/26 – 7/24 (5 wks)

Adult Leagues



Men's Softball League

Planning is already well underway for the 2011 season. Interested teams should attend the next meeting on Wednesday, April 13, 7:30 p.m. in Room 119 of Town Hall. Interested individuals who are looking to be

placed on a team should also attend the April 13 meeting. Interested teams or individuals who cannot attend the scheduled meeting should contact League Director Jason Maxwell before April 13 at jamaxwell@hotmail.com.

Adult Fitness, continued

Cardio Sculpt

This class combines a cardio segment with a sculpting class using light-weights, dyna-bands and stability balls. This is a great way to streamline your hour of exercise with cardio AND sculpting. It is an excellent workout for beginner exercisers through advanced participants. Master instructor, Marni McNiff will guide you through this workout, recommending any necessary adjustments based on your individual needs. All fitness levels are welcome and encouraged! Watch your body change! BABYSITTING AVAILABLE with an advanced reservation! Register for a session and receive a free single class pass at No Limit.

Day: Tuesday Time: 9:15 - 10:15 a.m. Session 1: 4/12 - 5/10 (5 wks) Fee: \$59.00/session

Session 2: 5/17 - 6/14 (5 wks) Session 3: 6/21 – 7/19 (5 wks)

Place: No Limit Health & Fitness, 1120 Federal Rd.

New ~ Abi's Bootcamp

Are you interested in a demanding workout? Do you want to really challenge yourself? Then this workout is for you! Come join Abi Scudder indoors and outside (weather permitting) for an hour to challenge your entire body. Pullups, push-ups, squats, lunges, sprints, drills and core work are just an example of what you will experience. Abi will help push your fitness to the next level. BABYSITTING AVAILABLE with an advanced reservation! Register for a session and receive a free single class pass at No Limit. Dav: Fridav Time: 9:15 – 10:00 a.m.

Session 1: 4/15 – 5/13 (5 wks) Fee: \$59.00/session

Session 2: 5/20 – 6/17 (5 wks) Session 3: 6/24 - 7/22 (5 wks)

Instructor: Abi Scudder

Place: NO LIMIT Health and Fitness, 1120 Federal Rd

B. L. T. or (Butt, Legs, and Tummy)!

This is a body sculpting class targeting the lower body's "hot spots", the glutes, inner and outer thighs and the waistline. This class includes muscle and strength building moves, like squats and lunges, combined with effective sculpting moves that are focused and intensive. Don't worry about learning dance moves or combinations, because this class is all about form and function! Change your Body! BABYSITTING AVAILABLE with an advanced reservation! Register for a session and receive a free single class pass at No Limit.

Time: 5:30 - 6:30 p.m. Day: Tuesday Session 1: 4/12 - 5/10 (5 wks) Fee: \$59.00/session

Session 2: 5/17 - 6/14 (5 wks) Session 3: 6/21 - 7/19 (5 wks)

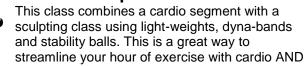
Instructor: Liz

Place: NO LIMIT Health and Fitness, 1120 Federal Rd

Join our email list! Log onto www.brookfieldct.gov/pnr/index.htm and click on the icon to receive monthly updates on Parks & Recreation programs and events of your choice.

Adult Fitness, continued

Cardio Sculpt



sculpting. It is an excellent workout for beginner exercisers through advanced participants. Master instructor, Marni McNiff will guide you through this workout, recommending any necessary adjustments based on your individual needs. All fitness levels are welcome and encouraged! Watch your body change! BABYSITTING AVAILABLE with an advanced reservation! Register for a session and receive a free single class pass at No Limit.

Day: Tuesday Time: 9:15 - 10:15 a.m. Session 1: 4/12 - 5/10 (5 wks) Fee: \$59.00/session

Session 2: 5/17 - 6/14 (5 wks) Session 3: 6/21 - 7/19 (5 wks)

Place: No Limit Health & Fitness, 1120 Federal Rd.

UPPERBODY PUMP!

Here is the class to get those sculpted arms that you have always wanted. (Think Kelly Ripa, Madonna, etc.) This class will concentrate on your upper body, targeting all those trouble spots! (You know what they are!) Working your back, chest, shoulders and arms, you will create a lean and sculpted upper body. This class is for any level of fitness. The instructor can make any adjustments for your needs. Come try this out, you won't be disappointed! BABYSITTING AVAILABLE with an advanced reservation. Register for a session and receive a free single class pass at No Limit.

Time: 5:30 - 6:15 p.m.Thursday Session 1: 4/14 - 5/12 (5 wks) Fee: \$59.00/session

Session 2: 5/19 - 6/16 (5 wks) Session 3: 6/23 - 7/21 (5 wks)

Place: NO LIMIT Health & Fitness, 1120 Federal Road

Adult Fitness – Dance



Ballroom and Latin Dance Mix

Do you have a wedding, anniversary party or class reunion in your future? Would you like to impress your friends with some new moves? In addition to the physical benefits of dancing, mentally dancing serves as a wonderful stress release. The dances you learn will be selected at the instructor's

discretion and may include: Fox Trot, Slow Waltz, Tango, Viennese Waltz, Quick Step, Mambo/Salsa, Cha-Cha. Samba, Rumba, and East Coast Swing. Emphasis will be placed on mastering each step before moving on to new dances. No need to be part of a couple (or have your other half with you) in order to participate. Join other people like yourself who want to learn ballroom and Latin dances in our singles class. Please note the dress code for participation in dance classes, no jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Wednesday

Singles: 6:15 – 7:00 p.m. Fee: \$80.00/person Couples: 7:00 – 8:15 p.m. Fee: \$200.00/couple

Place: Whisconier Middle School Cafeteria Dates: 4/13 - 6/1 (7 wks)-no class 4/20

Adult Fitness - Tennis

Adult Beginner Tennis Lessons

This class is designed for the beginner adult who has never really played much tennis but wants to learn. We will cover the basic strokes in tennis: forehand, backhand, volley, serve, overhead and lob. In addition, you will learn basic USTA rules of the game, how to play the game, and keep score. Please wear a good pair of sneakers, as well as bring a racquet whose grip fits comfortably in your hand, sunscreen and plenty of water. (We do have a few racquets if you do not have one.) Hats and sunglasses and a water bottle are suggested.

Day: Saturday Time: 8:30-9:30 a.m.

Dates: 6/11 – 7/30 (8 wks) Fee: \$88.00

Place: BHS Tennis Courts

Instructor: Elaine Gregory, BHS Girls' Coach

New ~ Tennis, too

This class is for the adult tennis player who wants to take the next step beyond the beginner level. This class will focus on better execution of strokes and serve, game strategy and play, as well as tennis rules and match scoring. This class will include drills and game play.

Day: Friday Time: 6:00 -7:00 p.m.

Dates: 6/10 – 7/29 (8 wks) Fee: \$88.00

Place: BHS Tennis Courts

Instructor: Elaine Gregory, BHS Girls' Coach

Tennis partner, anyone?

We have had requests from several residents who are looking for additional people to play tennis with. If you are interested in being contacted by other residents who play, or would like to contact others, please email Donna Korb, Administrative Assistant at dkorb@brookfieldct.gov by May 2. She may also be reached by phone at 775-7310.

Please include your name and preferred method of contact (including phone number or email address). It would also be helpful if you noted whether you prefer singles or doubles as well as your approximate playing level if known. We will be compiling a list to distribute to all who responded in mid-May.

USTA Adult Combo Tennis League

The United States Tennis Association (USTA) and Brookfield Parks & Recreation are happy to offer resident adult tennis players of all ages and abilities the opportunity to play matches on our public courts that are structured, competitive and fun.

The Combo League features doubles tennis play that allows partners to use their combined National Tennis Rating program (NTRP) ratings to find playing partners locally of comparable ability. Players who do not currently have an NTRP rating may "self-rate" by accessing the NTRP guidelines online at ustanewengland.com.

Combo Leagues are an official component of USTA League Tennis, the largest organized tennis league in the United States.

To learn more (including schedules, cost, rules and other information), or to join, start or coach a team please join us for an informational meeting on Thursday, May 5, 7:00 p.m. in Room 135 of Town Hall. If you cannot make the meeting, please call Parks & Rec. at 775-7310 to be put on a list and we will email you information that was discussed at the meeting once it is compiled.

Adult Fitness - Yoga



Intro to Yoga

If you've never tried yoga or if you would like a refresher on the basics this is the class for you! The excellent certified instructors at YogaSpace make learning yoga safe, fun and accessible in

these classes geared to beginners. Even if you think you are inflexible or out of shape, yoga offers many benefits, from easing back pain to finding your inner wisdom while cultivating flexibility and focus. Each class concludes with relaxation and/or meditation which will leave you feeling relaxed and rejuvenated.

Session 1: Monday, 7:30 - 9:00 p.m.

Spring Dates: 4/11 – 6/6 (8 wks) – no class 5/30 Summer Dates: 6/20 – 8/15 (8 wks) – no class 7/4

Fee: \$120.00 Sign up for Spring and Summer dates and pay \$225!

Instructor: Gloria Owens

Session 2: Tuesday, 6:00 - 7:15 p.m.

Spring Dates: 4/12 – 5/31 (8 wks) Summer Dates: 6/21 – 8/9 (8 wks)

Fee: \$120.00 Sign up for Spring and Summer dates and pay \$225!

Instructor: Lisa Rosenthal

Place: YogaSpace, 777 Federal Road, second floor

Gentle Yoga

Ease your way into yoga with a gentle practice that is perfect for all practitioners, including those recovering from an illness or injury. Gentle yoga is also perfect for those who are always on the go and who want to unwind. Natasha will compassionately guide you in gentle yoga poses using supports (blocks, blankets, and straps) that help the body to release tension. In addition, guided visualizations are used and act as a tonic for the mind. You will leave feeling deeply nurtured and restored.

Session 1: Wednesday, 9:30 - 11:00 a.m.

Spring Dates: 4/13 – 6/1 (8 wks) Summer Dates: 6/22 – 8/10 (8 wks)

Fee: \$120.00 Sign up for Spring and Summer dates and pay \$225!

<u>Session 2: Thursday, 5:45 – 7:00 p.m.</u> Spring Dates: 4/14 – 6/2 (8 wks) Summer Dates: 6/23 – 8/11 (8 wks)

Fee: \$120.00 Sign up for Spring and Summer dates and pay \$225!

Instructor: Natasha Raymond

Place: YogaSpace, 777 Federal Road, second floor

Mommy and Baby Yoga

Welcome moms and infants who are not yet crawling. This class will help you remember your body (that vehicle of power and strength) and nurture you back to movement and reawakening through yoga. Postpartum means a yoga practice that is often interrupted by nursing, feeding, caressing, holding, diaper changes, and independent moments of triumph, all of which are supported and celebrated in this special class. Join certified yoga instructor Michelle Wenis for a playful hour of yoga with some extra bonding and transition time at the end so your experience is leisurely and relaxing!

Day: Thursday 11:15 a.m. – 12:30 p.m. Spring Dates: 4/21 – 5/19 (5 wks) Summer Dates: 6/2 – 6/30 (5 wks)

Fee: \$75.00 Sign up for Spring and Summer dates and pay \$135!

Instructor: Michelle Wenis

Place: YogaSpace, 777 Federal Road, second floor

Adult Fitness - Yoga

Introduction to Tai Chi & Chi Gong

This class combines the ancient practices of Tai Chi (moving meditation) and Chi Gong (flowing energy) to promote health, strength and tranquility. Instructor Susan Bradley is a longtime scholar, practitioner and teacher of these relaxing and restorative practices that move 'chi', or life force energy, throughout the entire body. You will experience flow, stability, balance, power and grace while honing your concentration - a gentle yet profound alchemy that is appropriate for all bodies and levels of fitness and experience.

Day: Tuesday, 7:30 - 8:45 p.m. Spring Dates: 4/12 - 5/31 (8 wks) Summer Dates: 6/21 – 8/9 (8 wks)

Fee: \$120.00 Sign up for Spring and Summer dates and pay \$225!

Instructor: Susan Bradlev

Place: YogaSpace, 777 Federal Road, second floor

Meditation and Mindfulness

Research shows meditation decreases stress and blood pressure; increases empathy and self awareness and develops concentration and a sense of overall well-being. Does this sound good to you? But you don't know where to start? Join Ken Sprano for this six week introduction to meditation and mindfulness-based stress reduction on Sunday nights in the serene atmosphere of YogaSpace. You will learn a variety of techniques including various approaches to meditation, bio-feedback, self hypnosis, breathing and deep relaxation. You will leave feeling lighter, happier and ready to face your week with clarity and ease.

Day: Sunday Time: 7:30 - 8:30 p.m.

Dates: 5/1 - 6/12 (6 wks) - no class 5/29 Instructor: Ken Sprano Fee: \$90.00

Place: YogaSpace, 777 Federal Road, second floor

Pilates~Yoga Fusion

A combination of Pilates and yoga for a complete workout for fitness, strength, and flexibility. This class includes Joseph Pilates' classical exercises on the mat for abdominals. buttocks, and low back; as well as standing yoga poses to strengthen the lower body; and deep yoga stretches for relaxation. Come be empowered through movement with the integrated practice of Pilates and yoga! All levels of fitness are welcome.

Day: Tuesday 11:15 a.m. - 12:30 p.m. Spring Dates: 4/12 – 5/31 (8 wks) Summer Dates: 6/21 – 8/9 (8 wks)

Fee: \$120.00 Sign up for Spring and Summer dates and pay \$225!

Instructor: Laurie Mayper

Place: YogaSpace, 777 Federal Road, second floor

Adult Fitness – Golf



Adult Golf Lessons

Open to golfers of all skill levels, these classes are intended to provide students with a solid base in the fundamentals of golf, as well as to get them prepared to play and

to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5 iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$110.00 for any one month of four classes. Classes meet 6:30-7:30 p.m.

April: 4/6, 4/13, 4/20, 4/27 (Wednesdays) May: 5/10, 5/17, 5/24, 5/31 (Tuesdays) June: 6/9, 6/16, 6/23, 6/30 (Thursdays) July: 7/6, 7/13, 7/20, 7/27 (Wednesdays) Aug: 8/1, 8/8, 8/15, 8/22 (Mondays)

Women Only Classes (Beginner)

April: 4/7, 4/14, 4/21, 4/28 (Thursdays) May: 5/11, 5/18, 5/25, 6/1 (Wednesdays) June: 6/6, 6/13, 6/20, 6/27 (Mondays) July: 7/5, 7/12, 7/19, 7/26 (Tuesdays) Aug: 8/4, 8/11, 8/18, 8/25 (Thursdays)

Adult Intermediate

May: 5/5, 5/12, 5/19, 5/26 (Thursdays) June: 6/7, 6/14, 6/21, 6/28 (Tuesdays) July: 7/7, 7/14, 7/21, 7/28 (Thursdays) Aug: 8/3, 8/10, 8/17, 8/24 (Wednesdays)

Senior Golf League – 55+

Just for men and women age 55 and over, this league entering its second year, meets at Sunset Hill Golf Course in Brookfield. Expected start date of Tuesday, May 3 with play continuing on Tuesday mornings through late October/early November (weather permitting). Rotating foursomes will give participants the opportunity to play with friends and make new ones as well. Choice of playing 9 or 18 holes with or without cart (fees vary from \$10 – 30 per week depending on option selected and all include lunch.) League entry fee of \$15.00 to Parks & Recreation due before you will be scheduled and must be paid 1 week before your first match. To download a flyer with complete details please visit our website at www.brookfieldct.gov/pnr/index.htm or call Parks & Recreation at 775-7310 and we will be happy to mail, email or fax you a copy.

Tots Activities



Tumbling Tots

Children 2-3 will meet for games, basic tumbling skills and energetic fun in a gym setting along with a parent or caregiver. Please specify session when registering.

Day: Tuesday Fee: \$49.00/session

Time: 9:45 - 10:30 a.m.

Session 1: 4/12, 4/26, 5/3, 5/10 (4 wks) Session 2: 5/17, 5/24, 5/31, 6/7 (4 wks) Place: Tropical All-Stars, 558 Federal Road Instructors: Pam Zavarelli and Linda Kaalman

Mother's Morning Out

This pre-school readiness program is designed for children age 2 – 5 (without parent/caregiver) to experience the joy of learning, cooperative play and social interaction with other children in hopes to prepare them for their first preschool experience. A typical class includes circle time, songs and parachute play, weather, group gym games, an arts & craft project and a story. Appropriate transitions between activities allow children to recognize and become familiar with the structure of the day and to look forward to the next activity. Children must turn two by the start of the program and do not need to be potty trained. Please pack a snack and a drink for your child each class.

Dav: Fridav Time: 9:15 - 11:15 a.m. Session 1: 4/8, 4/15, 4/29, 5/6, 5/13 (5 wks) Session 2: 5/20, 5/27, 6/3, 6/10, 6/17 (5 wks) Place: Congregational Church Room 3/4 Instructors: KidsFit Fee: \$109.00/session

'Lil Chefs

Children ages 3 and 4 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement.

Session 1: 4/8, 4/15, 4/29, 5/6 (4 wks) Session 2: 5/20, 5/27, 6/3, 6/10 (4 wks)

Day: Thursday

Session 1: 4/7, 4/14, 4/28, 5/5 (4 wks) Session 2: 5/19, 5/26, 6/2, 6/9 (4 wks)

Time: 9:30 - 10:30 a.m.

Place: Congregational Church, Fair Kitchen

Instructor: Pam Zavarelli Fee: \$59.00/session

Two Good to be True

Children ages 2-3 and parent or caregiver will meet for songs, stories and arts & crafts. Activities will foster development of fine motor and language skills while having fun and making friends! Please bring a snack.

Day: Wednesday Time: 9:30 - 10:30 a.m.

Place: Congregational Church

Session 1: 4/6, 4/13, 4/27, 5/4 (4 wks) Session 2: 5/18, 5/25, 6/1, 6/8 (4 wks)

Instructor: Pam Zavarelli Fee: \$45.00/session

Tots Activities, continued

Growing is Fun!

Children 16 – 24 months will learn through cooperative play and social interaction with other children and their caregiver. Class includes nursery rhymes, instruments, bubbles and parachute play.

Day: Thursday Time: 10:00 - 11:00 a.m.

Session 1: 4/14, 4/28, 5/5, 5/12 (4 wks) Session 2: 5/19, 5/26, 6/2, 6/9 (4 wks) Place: Tropical All-Stars, 558 Federal Road

Instructor: Tatiana Preston Fee: \$44.00/session

Ballet and Creative Movement for Tots

Children will explore the many ways their bodies can move, and use their imaginations for self-expression in this ballet and creative movement class for ages 3 - 5. There will be an open class performance for parents at the last class. Ballet slippers and leotards are preferred for participants, but not required. Please specify which time you would like when registering.

Day: Friday Fee: \$40.00/session

Dates: 4/29 - 6/10 (7 wks) Session 1: 4:35 – 5:20 p.m. Session 2: 5:25 – 6:10 p.m.

Place: Center School Cafe Instructor: Holly Gundolfi



Singing and Signing

Did you know that babies start signing between the ages of 7 and 10 months old?

It's been proven that babies who sign; speak earlier than non-signers, experience less

frustration, develop larger vocabularies, become better readers and have IQ's that are at least 10-12 points higher than their peers. Ms. Janine is a pioneer when it comes to signing with infants through school age children. It's been her passion for over 20 years! Teaching signs to your little ones is the new craze. Join Ms. Janine and see how fun and easy it is to learn through the magic of children's music. Class size is limited to 15 children, infants through kindergarten.

Day: Thursday Instructor: Janine Lamendola

Session 1: 4/14, 4/28, 5/5, 5/12 (4 classes) Session 2: 5/19, 5/26, 6/2, 6/9 (4 classes)

Time: 2:30 - 3:15 p.m.

Place: Congregational Church

Fee: \$48.00/session

Kids Kingdom 2

The Brookfield Parks & Recreation Commission is seeking additional community input on the design of Kids Kingdom 2, which was approved by voters on March 8.

Please email Donna Korb, Administrative Assistant at dkorb@brookfieldct.gov with Kids Kingdom 2 in the subject line or call 775-7310 to receive information regarding the day and time of the upcoming meeting.

Residents will have the opportunity to review the project and provide feedback to the Parks & Recreation Commission.

Center After School

Get into the Kitchen

Children in grades K and 1 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement. Recipes will be duplicated in the classes on Tuesday and Wednesday each week, but will change each session. Classes meet in the Center School Pre-School Room, 3:30 – 4:30 p.m. Fee is \$45.00/session.

Instructor: Ann Salinger Day: Tuesday

Session 1: 4/12, 4/26, 5/3, 5/10 (4 wks) Session 2: 5/17, 5/24, 5/31, 6/7(4 wks)

Day: Wednesday Instructor: Ann Salinger

Session 1: 4/13, 4/27, 5/4, 5/11 (4 wks) Session 2: 5/18, 5/25, 6/1, 6/8 (4 wks)

Ballet and Creative Movement for K/1



Children will explore the many ways their bodies can move, and use their imaginations for self-expression in this ballet and creative movement class for children in grades K and

1. There will be an open class performance for parents at the last class. Ballet slippers and leotards are preferred for participants, but not required.

Day: Friday Time: 3:30 - 4:30 p.m.Dates: 4/29 - 6/10 (7 wks) Instructor: Holly Gundolfi

Place: Center School Cafe Fee: \$40.00



Little Dragons

Students in grades K - 1 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self

control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Time 3:30 - 4:00 p.m. Day: Thursday

Dates: 4/28 – 5/19 (4 wks) Fee: \$28.00

Place: Center School Cafeteria Instructor: Zandri's Martial Arts

Español para Niños y Niñas

There are over 300 million Spanish-speakers in over 20 countries around the world -including the United States. Learning the language at an early age gives children a greater chance to become proficient as well as many lifelong advantages. This is a play-based program that will introduce children in grades K and 1 to conversational Spanish and to the colorful Latino culture through songs, games, and crafts. Time: 3:30 - 4:30 p.m. Day: Thursday

Dates: 4/14 - 6/9 (8 wks) - no class 4/21 Place: Center School Room Fee: \$79.00

Instructor: Patricia Clua

Center After School, continued



Drawing Mixed Media

Paint, Draw & More! drawing classes teach young artists in grades K - 1 to draw what they see, to enhance their drawings with

their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. For more information about Paint Draw and

More programs, visit www.paintdrawmore.com

Day: Wednesday Time: 3:30 - 4:30 p.m.

Dates: 4/13 - 5/11 (4 wks) -no class 4/20 Place: Center School Art Rm. Fee: \$69.00

Pillow Polo

Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and nerf equipment is used.

Day: Wednesday Time: 3:30 - 4:30 p.m.

Dates: 4/13 - 6/8 (8 wks) - no class 4/20 Place: Center School - Gym Fee: \$40.00

Instructor: Sal Strazza



Sports Celebrated!

Exercise and fun are the key elements of this class. Children in grades K and 1 will develop

basic skills in several indoor games and sports. Dav: Tuesdav Time: 3:30 - 4:30 p.m.

Dates: 4/12 - 6/7 (8 wks) - no class 4/19 Place: Center School - Gym Fee: \$40.00

Instructor: Sal Strazza

Lego Fungineering

Young budding engineers love this "hands-on, minds-on" program. A model is built - concept of the model is studied and observed - the model is broken down and this cycle is repeated to demonstrate various concepts of simple machines such as gears, pulleys, levers and wheels. With the use of a motor and electrical controls, the models come alive right before their eyes! All new models this spring.

Day: Wednesday Time: 3:30 - 4:45 p.m.

Dates: 5/4 - 6/1 (5 wks) Fee: \$89.00

Place: Center School Room Instructor: Computer Explorers

Kids Kingdom 2

The Brookfield Parks & Recreation Commission is seeking additional community input on the design of Kids Kingdom 2, which was approved by voters on March 8.

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Residents will have the opportunity to review the project and provide feedback to the Parks & Recreation Commission.

Huckleberry After School



Bowling

Each class features two games of bowling for students in grades 2 - 4. Bus transportation is provided from Huckleberry Hill School to Brookfield Lanes by school bus. When

sending in a note each week to the school, please include that your child is attending bowling on bus #6. Pick-up is at Brookfield Lanes. Students may bring money with them to purchase items from the snack bar.

Day: Thursday Time: 3:30 - 5:30 p.m.

Session 1: 4/14, 4/28, 5/5, 5/12 (4 wks) Session 2: 5/12, 5/19, 5/26, 6/2 (4 wks)

Fee: \$48.00/session Instructor: Dave Miller

Place: Brookfield Lanes

Lego Carnival

Lego Carnival provides wonderful hands-on opportunities for the students in grades 2-4 to experiment and learn about the fundamentals of robotics, construction and computer programming. We will be building RCX Robotics models commonly found in Carnival such as bumper cars and merrygo-round and using computer software to bring the models alive!

Day: Wednesday Dates: 3/23, 3/30, 4/6, 4/13, 4/27

Time: 3:30 - 5:00 p.m. Fee: \$89.00

Place: HHES Library

USTA Junior Tennis

Brookfield Parks & Recreation and the United States Tennis Association New England are forming a Jr. Team Tennis league.

USTA Jr. Team Tennis is a recreational tennis league for children ages 5–18 with some previous tennis experience. Children play on co-ed teams offering a fun and competitive environment. USTA Jr. Team Tennis allows participants (adv. beginner, intermediate and advanced) to compete with and against individuals of similar skill and age levels.

Teams have the opportunity to advance to state, sectional and national championship events.

To learn more about Jr. Team Tennis (including schedules, cost, rules and other information), or to join, start or coach a team please join us for an informational meeting on Thursday, May 5, 7:00 p.m. in Room 135 of Town Hall. If you cannot make the meeting, please call Parks & Rec. at 775-7310 to be put on a list and we will email you information that was discussed at the meeting once it is compiled.

Basic Drawing and Watercolor

Students in grades 2-4 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their ability level, culminating with the completion of a painting. Please ask for a materials list when registering. (Materials cost is approximately \$40.00.) Bring a snack and a drink each week.

Day: Tuesday Time: 3:30 – 5:00 p.m.

Dates: 4/12 – 6/7 (8 wks)-no class 4/19 Place: Huckleberry Hill- Room 301

Instructor: Victoria Lange Fee: \$85.00

Huckleberry After School, continued

Junior Floor Hockey

Students in grades 2 - 4 will learn the basic rules of floor hockey and participate in games. All students are required to bring their own goggles.

Day: Tuesday Time: 3:30 – 4:30 p.m.

Dates: 4/12 – 6/7(8 wks)-no class 4/19 Place: HHES Lower Gym Fee: \$40.00

Instructor: Dave Miller



Drawing Mixed Media

Paint, Draw & More! drawing classes teach young artists in grades 2-4 to draw what they see, to enhance their drawings with their own ideas and concepts, and to use different

materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. For more information about Paint Draw and More programs, visit www.paintdrawmore.com

Day: Monday Time: 3:30 – 4:40 p.m.

Dates 5/16 - 6/13 (4 wks) -no class 5/30 Place: HHES Art Room Fee: \$69.00

Ballroom for Kids Ages 7 - 10

Students ages 7 – 10 will learn basic steps in all the dances, turns and spins, and technique of the moves. Children who learn social dances increase their confidence, posture, balance and knowledge of music. Much like soccer, Ballroom Dance Competitions (DanceSport) have been very popular in Europe and Asia for decades and are now beginning to catch on in the US. Ballroom For Kids has world class instructors ready to teach your child! Students should wear leather soled shoes or ballroom dance shoes (no sneakers) and long hair needs to be worn back in a ponytail or bun. Sign up with a friend to dance with or you can be paired with a partner at class.

Day: Wednesday Time: 5:30 – 6:15 p.m. Place: WMS Cafeteria Fee: \$65.00/person

Dates: 4/13 – 6/1 (7 wks)-no class 4/20 Instructor: Galina Andracchio



Flag Football

Students in grades 2- 4 will be introduced to the basics in this non-contact class.

Day: Monday Time: 3:30 – 4:30 p.m.

Dates: 4/11 - 6/13 (8 wks)-no class 4/18, 5/30

Place: HHES Lower Gym Instructor: Dave Miller

Fee: \$40.00

Kids Kingdom 2

The Brookfield Parks & Recreation Commission is seeking additional community input on the design of Kids Kingdom 2, which was approved by voters on March 8.

Please email Donna Korb, Administrative Assistant at dkorb@brookfieldct.gov with Kids Kingdom 2 in the subject line or call 775-7310 to receive information regarding the day and time of the upcoming meeting.

Residents will have the opportunity to review the project and provide feedback to the Parks & Recreation Commission.

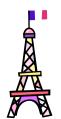
Huckleberry After School, continued

New ~ Planet Earth Investigations

Students in grades 2 - 4 will explore the environment, recycling and food production through hands on activities. We will hike the nature trail behind HHES, plant vegetables and harvest them from a special plot in the school garden, and create several projects from recycled materials, including a birdbath and a bird feeder. Please bring a snack and appropriate footwear (it may be muddy!). Class will meet in and be picked up from Huck's Paw Patch.

Day: Monday Time: 3:30 - 4:30 p.m.

Dates: 5/2 - 6/13 (6 wks) - no class 5/30 Instructor: Jen Tomaino Fee: \$49.00



French Fantastique

Now offered as a before school activity! Studies have shown that the earlier a child is exposed to a second language, the more quickly they excel. Learn French the fun way through music, colorful crafts and instruction. Students in grades 2-4 will learn about French foods, geography, famous buildings, as well as the basic greetings, alphabet,

counting, colors and lots of vocabulary. Each student will receive a folder full of creative activities in French. Parents, please escort your child to the Art Room at each class meeting.

Day: Friday Time: 7:50 - 8:40 a.m.

Dates: 4/1 - 6/3 (8 wks) -no class 4/15, 4/22 Place: HHES Art Room Fee: \$72.00

Instructor: Margee Minier

Español para Niños y Niñas

There are over 300 million Spanish-speakers in over 20 countries around the world -including the United States. Learning the language at an early age gives children a greater chance to become proficient as well as many lifelong advantages. This is a play-based program that will introduce children in grades 2 – 4 to conversational Spanish and to the colorful Latino culture through songs, games, and crafts. Time: 3:30 - 4:30 p.m. Day: Monday

Dates: 4/11 - 6/13 (8 wks) - no class 4/18, 5/30 Place: HHES – Music Room Fee: \$79.00

Instructor: Patricia Clua



Martial Arts for Beginners

Students in grades 2 - 4 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control,

physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Friday Time: 3:30 - 4:15 p.m.

Dates: 5/13 - 6/3 (4 wks) Fee: \$28.00

Instructor: Zandri's Martial Arts

Place: Huckleberry Hill School - Lower Gym

Huckleberry After School, continued

Felt Punching and Hand Sewing

Come experience the latest craze in sewing...felt punching! Using a special machine (with safety features), students in grades 2-4 will actually "punch" decorative fabrics into a base fabric to make designs that will then be hand sewn into a pocketbook or tote bag. All materials are included, just bring your imagination!

Day: Monday Time: 3:30 - 5:00 p.m.

Dates: 4/11 - 5/9 (4 wks) - no class 4/18

Place: HHES Art Room Instructor: Debbie Vizi

Fee: \$59.00

Whisconier After School

New ~ Mom and Me Baking

Mom and child ages 10+ will learn how to create elaborately decorated butter cookies. Students will bake cookies, create edible decorations, assemble each cookie, and take it all home with a mastered recipe to be used together in years to come. A professional photographer will also be there to capture every precious moment.

Day: Sunday Time: 1:00 - 3:30 p.m.Dates: 3/27, 4/17, 5/15 (pick any one session) Place: Sweet Rewards, 18 Old Route 7, Brookfield

Fee: \$75.00/session for mom and child

USTA Junior Tennis

Brookfield Parks & Recreation and the United States Tennis Association New England are forming a Jr. Team Tennis league.

USTA Jr. Team Tennis is a recreational tennis league for children ages 5–18 with some previous tennis experience. Children play on co-ed teams offering a fun and competitive environment. USTA Jr. Team Tennis allows participants (adv. beginner, intermediate and advanced) to compete with and against individuals of similar skill and age levels.

Teams have the opportunity to advance to state, sectional and national championship events.

To learn more about Jr. Team Tennis (including schedules, cost, rules and other information), or to join, start or coach a team please join us for an informational meeting on Thursday, May 5, 7:00 p.m. in Room 135 of Town Hall. If you cannot make the meeting, please call Parks & Rec. at 775-7310 to be put on a list and we will email you information that was discussed at the meeting once it is compiled.

Ice Cream Social -Grades 5 & 6



We're scooping up tons of fun for 5th and 6th Graders at our 13th Annual Ice Cream Social on Friday, June 3. Social will be held at the Town Park Beach (which will be closed to the public), and features games (volleyball/basketball),

swimming, and ice cream. Leave from WMS by chartered bus at 2:45 p.m. Parents are to pick up students at the Town Park at 5:00 p.m. Fee is \$10.00 per student, and preregistration is required.

Whisconier After School, continued



American Red Cross Babysitter's Training

American Red Cross Babysitter's Training gives 11-15 year olds the skills and

confidence they need to become great babysitters. This 6hour class covers training in care giving, decision making, safety and first aid skills, and preventing and responding to emergencies. Course participants receive The Babysitter's Training Handbook, which provides course review and 30 easy-to-follow first aid action plans for handling emergencies. Red Cross Babysitter Certification cards will be awarded upon successful completion. Please bring a lunch and drink and a pen or pencil. Class meets in the Town Hall.

Day: Thursday Date: 4/21 Time: 9:00 a.m. - 3:00 p.m. Fee: \$60.00

Instructor: Peggy Boyle Place: Town Hall Room 133

Junior Strength Training for ages 12 - 14

This class is designed with the athlete in mind. We provide coaching and guidance to increase strength, stamina, coordination, speed, and power that will enhance the student's ability to compete in a sporting event. Students will also learn how to use weight training equipment in a safe and supervised format with emphasis on proper form and technique. A great intro to learn how to work out in a gym. Portions of the class may be outdoors, weather permitting. Boys and girls 12 – 14 years old are eligible to participate and everyone will receive a No Limit T-shirt.

Session 1: Wednesdays, 5/4 - 5/25, 3:45 - 5:00 p.m. Session 2: Saturdays, 5/7 – 5/28, 11:45 a.m. – 1:00 p.m.

Fee: \$59.00/session (4 wks)

Place: No Limit Health & Fitness, 1120 Federal Road

Instructor: Rob Delavega

Sew for Yourself!

Students in grades 5-8 will practice basic sewing skills as they create three useful projects such as a tote bag, cosmetic bag with zipper and a pillow. Please bring 1 yard of 36" cotton fabric with you to the first class. You will be asked to bring additional materials to each class.

Dav: Thursday Time: 2:40 - 4:40 p.m.

Dates: 4/14 - 5/12 (4 wks)-no class 4/21

Place: WMS Home Ec. Room Instructor: Debbie Vizi

Fee: \$69.00

Basic Drawing and Watercolor



Students in grades 5 – 8 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their ability level, culminating

with the completion of a painting. Please ask for a materials list when registering. Materials cost is approximately \$40.00. Bring a snack and a drink each week. Late bus transportation is available from WMS after school for this program.

Time: 2:40 - 4:10 p.m. Day: Monday

Dates: 4/11 - 6/13(8 wks)-no class 4/18, 5/30

Place: WMS Art Room Instructor: Victoria Lange

Fee: \$85.00

Whisconier After School, continued

Cooking 101

This class will teach students in grades 5 through 8 how to cook everything from nutritious snacks to delicious meals and desserts. Cooking techniques, ingredient selection and substitutions, kitchen safety and balanced meal creation will all be covered in this hands-on class. Students will have the opportunity to taste their creations and take home the recipes. All materials are covered in the fee.

Day: Friday Time: 2:40 - 4:10 p.m.

Session 1: 4/15, 4/29, 5/6, 5/13 (4 wks) Session 2: 5/20, 5/27, 6/3, 6/10 (4 wks)

Fee: \$68.00/session Instructor: Jen Tomaino

Place: WMS Home Ec. Room

Golf Lessons for Juniors

These classes are intended to provide students ages 8 - 15 with a solid base in the

fundamentals of golf, as well as to get them

prepared to play and to enjoy the game. The classes are ideal for both beginners who have never played before and for more experiences players who want to improve one or all aspects of their game. The

typical class schedule is: Class 1: Introduction/Set-up and Swing with Irons Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5 iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$110.00 for any one month of four classes. All classes meet 4:30 - 5:30 p.m. at Golf Quest, 1 Sand Cut Road.

April: 4/6, 4/13, 4/20, 4/27 (Wednesdays) May: 5/10, 5/17, 5/24, 5/31 (Tuesdays) June: 6/8, 6/15, 6/22, 6/29 (Wednesdays) July: 7/5, 7/12, 7/19, 7/26 (Tuesdays) August: 8/1, 8/8, 8/15, 8/22 (Mondays)

Volleyball Clinic Grades 5 - 8

Students in grades 5 – 8 will learn the basics of volleyball including: serving, hitting, passing, setting and court position. This is a great class for those who are considering playing volleyball at BHS and want to learn more about the sport, as well as for those who just want to get some exercise and have some fun!

Day: Wednesday Time: 6:00 - 7:30 p.m.

Dates: 4/13 - 6/8 (8 wks) - no class 4/20

Fee: \$78.00 Instructor: Daylon Wilkins

Place: WMS Gym

Brookfield High School

USTA Junior Tennis

Brookfield Parks & Recreation and the United States Tennis Association New England are forming a Jr. Team Tennis league.

USTA Jr. Team Tennis is a recreational tennis league for children ages 5–18 with some previous tennis experience. Children play on co-ed teams offering a fun and competitive environment. USTA Jr. Team Tennis allows participants (adv. beginner, intermediate and advanced) to compete with and against individuals of similar skill and age levels.

Teams have the opportunity to advance to state, sectional and national championship events.

To learn more about Jr. Team Tennis (including schedules, cost, rules and other information), or to join, start or coach a team please join us for an informational meeting on Thursday, May 5, 7:00 p.m. in Room 135 of Town Hall. If you cannot make the meeting, please call Parks & Rec. at 775-7310 to be put on a list and we will email you information that was discussed at the meeting once it is compiled.

SAT Pre-Preparation – Are you Ready for SAT's?

This one-day workshop provides a real-world emersion into the SAT plus a glimpse into college planning. Students will take an actual complete "official" SAT test (4 hours) followed by a simple roadmap for college planning – highlighting key dates and tasks along the way. A follow-up session will be scheduled with individual students/families to review the detailed SAT test results and planning roadmap.

Time: 10:00 a.m. – 3:30 p.m. Day: Tuesday

Dates: 6/28, 7/12, or 8/16 Fee: \$45.00

Place: Tutoring Club, 270 Federal Rd.

Instructor: Andrew Hill, Director-College Prep; Bill Gross,

Director

Join our email list! Log onto www.brookfieldct.gov/pnr/index.htm and click on the icon to receive monthly updates on Parks & Recreation programs and events of your choice.



We are currently accepting applications for the following seasonal summer positions: Lifeguard, Camp Counselor

The Town of Brookfield is an equal opportunity

employer. Contact the Parks & Recreation Office at 775-7310 for more information. Applications are available for download from our website or at the Parks & Recreation Office in Town Hall.

Deadline for applications: 3/25/11

Full Day Camps - Camp Cadigan

CAMP REGISTRATION BEGINS APRIL 4. We will be communicating important camp information via email this summer, please supply us with an email address when registering.

WEEK 1: See Camp Cornucopia

WEEK 2: July 5 – 8 (Tuesday - Friday)

WEEK 3: July 11 - 15

WEEK 4: July 18 - 22

WEEK 5: July 25 - 29

WEEK 6: August 1 - 5

WEEK 7: August 8 - 12

WEEK 8: See Camp Cornucopia

Camp Cadigan

- Full-Day Camp for students entering grades 3 6.
- Extended hours available at an additional charge.
- Outdoor camp with experienced counselors.
- Takes advantage of all the amenities at Cadigan Park and the Town Park Beach. Activities include tennis, soccer, wiffleball, open swim, outdoor group games and arts & crafts.
- Trips are taken by school bus to local entertainment venues in the Greater Danbury Area for bowling, minigolf, movies, etc. twice a week.
- In case of severe weather campers are transported to a school gym or entertainment venue.
- Camper/counselor ratio does not exceed 8:1 and is often quite lower.
- Pizza Wednesdays included in the cost of camp.

Detailed letters will be emailed out to the parent(s) of all registered campers one week before their session begins.

Days: Monday - Friday Time: 9:00 a.m. to 5:00 p.m.

Place: Cadigan Pavilion Weeks: See above

Fee: \$178.00/week*

*Please note that the fee for week #2 has been discounted to \$142.00 because of the shortened week.

Camp Cadigan Extended Hours

Campers can come to Camp Cadigan as early as 8:00 a.m., and stay as late as 6:00 p.m. PRE-REGISTRATION IS REQUIRED. Fee is \$20.00 per week (\$4.00 per day) for either early drop off or late pick up.

What is a typical day at Camp Cadigan?

9:00 - 9:30 a.m.

Camper's Choice (Board Games, Tennis, Catch, etc.)

9:30 - 10:15 a.m.

Group Games (Kickball, Wiffleball, Red Rover, etc.)

10:15 - 10:30 a.m. Snack

10:30 a.m.- 12:00 p.m.

Beach (Swimming, Basketball, Nukem, Shuffleboard)

12:00 - 12:30 p.m. Lunch

12:30 – 1:30 p.m.

Camper's Choice / Arts & Crafts /Theme Activities/ Games 1:45 - 4:00 p.m.

Beach (Swimming, Basketball, Nukem, Shuffleboard, 4:00 -5:00 p.m.

Group Games/Camper's Choice

Full Day Camps - Camp Voyager

CAMP REGISTRATION BEGINS APRIL 4. We will be communicating important camp information via email this summer, please supply us with an email address when registering.

WEEK 1: See Camp Cornucopia

WEEK 2: July 5 – 8 (Tuesday - Friday)

WEEK 3: July 11 - 15 WEEK 4: July 18 - 22 WEEK 5: July 25 - 29 WEEK 6: August 1 - 5 WEEK 7: August 8 - 12

WEEK 8: See Camp Cornucopia

Camp Voyager

- Full-Day Camp for students entering grades 5 8.
- Extended hours available at an additional charge.
- College-aged, experienced counselors. Camper to counselor ratio will not exceed 8:1 and is often quite lower.
- Everyday is a new destination from State Parks, bowling, miniature golfing, amusement parks, water parks and baseball games.
- All trips, bus transportation, and a T-shirt for each camper are included in fee.
- Air-conditioned coach buses are used to transport campers on all trips 45 minutes away or longer. On shorter trips (usually Mondays) we use school buses.
- We're sorry, but we do not have schedules available at registration. We do our best to ensure that each week provides a variety of activities and experiences for campers, including a visit to Mountain Creek, Lake Compounce or Brownstone Exploration & Discovery Park.

A schedule of all activities, as well as detailed letters will be emailed to the parent(s) of all registered campers one week before their session begins.

Days: Monday - Friday Time: 9:00 a.m. to 5:00 p.m.

Place: Huckleberry Hill School Weeks: See above

Fee: \$258.00/week

*Please note that the fee for week #2 has been discounted to \$206.00 because of the shortened week.

Camp Voyager Extended Hours

Campers can come to Camp as early as 8:00 a.m., and stay as late as 6:00 p.m. **PRE-REGISTRATION IS REQUIRED**. Fee is \$20.00 per week (\$4.00 per day) for either early drop off or late pick up.

Where are some of the places that Camp Voyager went during the summer of 2010?

Danbury Duck Pin, Kent Falls, Rocky Neck State Park,
Lake Compounce, Lore's Lanes, Misquamicut, The

Trampoline Place, New Britain Rock Cats, Maritime

Aquarium, Brownstone Discovery Park & Exploration

Center and Mountain Creek

(just to name a few)

Full Day Camps-Camp Cornucopia

CAMP REGISTRATION BEGINS APRIL 4. We will be communicating important camp information via email this summer, please supply us with an email address when you register.

Camp Cornucopia

This camp is designed to pack as much fun as possible into the summer for students entering grades 3-6. In this week long camp, campers will spend about half of their day at

Cadigan/Town Park Beach and the other portion on a trip. Trips may include the movies, bowling, miniature golfing and hiking and while at camp campers will have the opportunity to play group games, arts & crafts, swimming, basketball, and volleyball. All trip admissions and bus transportation for campers is included in the fee. A schedule of all activities, as well as suggestions for what to bring to camp each day will be emailed to the parent/guardian of all registered campers one week before the session begins.

Days: Monday - Friday Session 1: June 27 – July 1 Session 2: August 15 - 19

Time: 9:00 a.m. to 5:00 p.m. Place: Cadigan Pavilion

Fee: \$199.00

Camp Cornucopia Extended Hours

Campers can now come to Camp as early as 8:00 a.m., and stay as late as 6:00 p.m. **PRE-REGISTRATION IS REQUIRED**. Fee is \$20.00 per week (\$4.00 per day) for either early drop off or late pick up.

Counselor In Training Program

WEEK 1: June 27 - July 1

WEEK 2: July 5 – 8 (Tuesday - Friday)

WEEK 3: July 11 - 15 WEEK 4: July 18 - 22 WEEK 5: July 25 - 29 WEEK 6: August 1 - 5

WEEK 7: August 8 – 12

Counselor in Training Program

Students ages 13 and 14 will learn the skills they will need to become successful camp counselors including; basic first aid, characteristics of children, leadership skills, games and arts & crafts. C.I.T's will receive instruction during camp hours (9:15 a.m.- 12:15 p.m.), and will be assigned to work with experienced counselors. Each C.I.T will receive a staff T-shirt and a binder of information Space is limited to 10 C.I.T.'s each session. Sign up for any or all sessions.

Time: 9:15 a.m. to 12:15 p.m.

Days: Monday to Friday

Place: Huckleberry Hill School

Weeks: See above Fee: \$42.00/week

*Please note that the fee for week #2 has been discounted to

\$34.00 because of the shortened week.

Half-Day Camps

CAMP REGISTRATION BEGINS APRIL 4. We will be communicating important camp information via email this summer, please supply us with an email address when you register.

WEEK 1: June 27 - July 1

WEEK 2: July 5 – 8 (Tuesday - Friday)

WEEK 3: July 11 - 15 WEEK 4: July 18 - 22 WEEK 5: July 25 - 29 WEEK 6: August 1 - 5 WEEK 7: August 8 – 12

Summer Better Than Others

Campers will participate in arts & crafts, games, daily theme days, weekly trips to Kids Kingdom (grade 1, pending construction schedule) or the Town Park Beach (grades 2-5), and much more. Children must be entering 1st - 5th grade in order to attend camp. Camper to counselor ratio will not exceed 8:1.

Days: Monday to Friday Time: 9:15 a.m. - 12:15 p.m.

Place: Huckleberry Hill School

Weeks: See Above Fee: \$60.00/week

*Please note that the fee for week #2 has been discounted to

\$48.00 because of the shortened week.



Camp Pee Wee

For children ages 3-1/2, 4 or entering kindergarten. Campers will be involved in arts & crafts, games, story time, weekly

trips to Kids Kingdom (pending construction schedule) and daily theme activities. Our camper to counselor ratio will not exceed 6:1. All children attending must have turned 3 years old by December 31, 2010.

Days: Monday to Friday Time: 9:15 a.m. - 12:15 p.m.

Place: Huckleberry Hill School

Weeks: See above Fee: \$60.00/week

*Please note that the fee for week #2 has been discounted to

\$48.00 because of the shortened week.

Important Information for Camp Summer Better than Others and Camp PeeWee:

Camp groups are made the week before the start of each session. Counselors will be calling the parents of all campers a few days before the camp week starts to let them know what room to report to. Once your child is assigned to a group, you can assume that they will be with that group for the duration of their camp experience.

Children should be brought to their assigned rooms no earlier than 9:10 a.m. During drop off and pick up times, parents are required to accompany their child to his/her group and sign in, as well as sign out at the end of the day.

If your child is to be picked up by any other adult, a note stating this needs to be given to your child's counselors in the morning.

Children should wear sneakers and comfortable clothing to camp. There is also a snack time for campers each day. Please send snacks in containers clearly marked with your child's name. In keeping with the Brookfield Public School's policy, snacks containing peanuts or tree nuts are not permitted at camp in order to keep those campers with severe allergies safe.

Sports Camps

CAMP REGISTRATION BEGINS APRIL 4. We will be communicating important camp information via email this summer, please supply us with an email address when you register.



Field Hockey Camp

Back by popular demand! Students entering grades 5 – 9 will practice passing, dribbling, shooting, and field hockey concepts. This camp is the perfect introduction for girls looking to learn the game in order to try out for the middle school or freshman team, as well as for those who have played before and are looking

to reinforce their skills. Campers will need to bring their own stick, and a water bottle and snack each day. A T-shirt is included for all participants. In case of rain, camp will meet in the gym.

Days: Monday - Friday Place: WMS- front field

Time: 9:00 a.m. - 12:00 p.m. Fee: \$75.00

Dates: August 1-5 (1 wk) Instructor: Barbara Nanassy



Summer Horse Camp

The program meets 9:00 a.m. - 12:00 p.m. and consists of a daily riding lesson (1 to 1 ratio for beginners, each has individual assistant) horse care, grooming, and tacking up with the utmost

attention to safety. Games, contests and demonstrations complete the fun. Long pants and a shoe with a heel recommended. Hard hats are provided. Camp is held rain or shine as the Farm has a large indoor arena. Bring a snack and a big smile. Held at Brushy Hill Farm (just 13 minutes from the Flagpole in Newtown) 15 Coachman Drive, Southbury. Take I 84 Exit 14, left onto Rte 172 North; proceed 4 miles to Farm on the right, about 1/4 mile before the 4-way stop intersection. To access the Farm, turn right onto Coachman's Drive off of Route 172 and the farm driveway is the first on the left. Orientation is held on the first day of camp (Mondays) at 8:00 a.m. Any questions, visit their website at www.brushyhillfarm.com or call Ev at 203-262-6466. Camp is open to Little Britches (ages 3-6), Short Stirrups (ages 7-10) and Equestrians (age 11 and up). off times are between 8:30 - 9:00 a.m. each day. Pick up times are between 12:00 - 12:30 p.m. Fee: \$295.00/week.

Week 1: 6/27 - 7/1 Week 2: 7/11 – 7/15 Week 3: 7/18 – 7/22 Week 4: 8/8 – 8/12



Junior Volleyball Camp

Open to students in grades 5 – 8 who want to learn or practice the basics including serving. passing, and hitting. This program is a great opportunity for middle school students who are

considering trying out for the BHS team. Please bring a snack and a water bottle. A T-shirt is included for all participants.

Days: Monday - Friday Dates: July 18 - 22 (1 wk)

Time: 9:00 a.m. – 12:00 p.m. Place: WMS Gym Fee: \$75.00 Instructor: Rachel Korb

Sports Camps, continued

CAMP REGISTRATION BEGINS APRIL 4. We will be communicating important camp information via email this summer, please supply us with an email address when you register.

Volleyball Camp

Recreational volleyball program for those entering grades 9-12. Return players will greatly benefit by honing their skills and learning new ones, and is a great opportunity to keep your skills up in the summer. Beginning players will learn the basics of passing, setting, hitting, serving, blocking, and court positioning. Bring a lunch and a water bottle, and get ready for some fun! Sign up for individual weeks (7/25-7/29 or 8/1 – 8/5) at a cost of \$95.00 a week or both weeks for \$180.00. A T-shirt for all participants is included.

Days: Monday - Friday Time: 9:00 a.m. - 1:00 p.m.

Dates: July 25 – August 5 (2 wks)

Instructors: Cara Abraham

Place: WMS Gym Fee: \$180.00



Basketball Camp

Participants will receive individual and group instruction on all aspects of the game of basketball as taught by Coach Kevin McGinniss and his assistants. This co-ed camp for students entering grades 3 - 9 also features a shirt for

every player, juice daily (available for purchase on site), posters, 2 games a day, contests, prizes, and trophies. All participants will receive their own regulation game ball. Please bring a lunch and a drink each day.

Days: Monday - Friday Time: 9:00 a.m. - 2:00 p.m. Dates: July 11 – 15 (1 wk) Instructor: Kevin McGinniss

Place: BHS Gyms Fee: \$110.00



Golf Camp

Junior golfers ages 8 – 15, with or without previous experience will enjoy learning the game of golf in a fun atmosphere. Camp includes fundamentals of the golf swing, playing with

woods and irons, pitching and sand play, chipping and putting, contests, rules and etiquette, videotape of your swing, mini-golf tournament, learn and play on a local course, awards, and a pizza party for campers each Friday. New this year, campers will be treated to a water slide on-site one day per session. Campers may bring their own clubs or use those provided. Camp meets at Golf Quest, 1 Sand Cut Road, Brookfield. (Parents will be asked to provide transportation one day during the session to a local golf course.) The fee is \$249.00 per week. Camp meets 9:00 a.m. –12:00 p.m. Monday -Thursday, and 10:00 a.m. – 12:30 p.m. on Friday.

Week 1: June 27 - July 1 Week 2: July 4 - 8
Week 3: July 11 - 15 Week 4: July 18 - 22
Week 5: July 25 - 29 Week 6: August 1 - 5
Week 7: August 8 - 12 Week 8: August 15 - 19

Sports Camps, continued

CAMP REGISTRATION BEGINS APRIL 4. We will be communicating important camp information via email this summer, please supply us with an email address when you register.

S.N.A.G. Golf

Skyhawks "Starting New at Golf" focuses on building the confidence of young athletes ages 5 - 7through proper technique and refining the essential skills of the game. Golf is a challenging and lifelong sport, so young athletes need proper focus on the fundamentals of form, swinging, putting, and body positioning. To assist in this training, Skyhawks has adopted the SNAG (Starting New At Golf) system to its curriculum. SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. No need to bring your own clubs--all equipment is provided. For safety reasons we utilize special helmets for all campers and keep the instructor-to-camper ratio for this program very low (8:1), resulting in limited availability. Campers should wear/bring weather appropriate clothing, a water bottle and two snacks, sneakers and sunscreen. All campers will receive a T-shirt and merit award. In case of rain, this program will meet in the gym.

Days: Monday – Friday Time: 9:00 a.m. – 12:00 p.m. Dates: 6/27 – 7/1 (1 wk) Place: WMS-back field

Fee: \$109.00



Mini Hawk Multi Sport Camp

This multi-sport program gives children ages 4 to 7 a positive first step into athletics.

Baseball, basketball and soccer are taught in a safe, structured environment with lots of

encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff are trained to handle the specific needs of young athletes. Camper to coach ratio will not exceed 8:1. Campers should bring along 2 snacks and a water bottle and wear weather-appropriate clothing for outdoor play including sneakers. Every camper receives a t-shirt and merit award. During Session 1, Friday will be used as a rain make up day. During Session 2, in case of rain, this program will meet in the gym.

Session 1: June 20 - 23

Days: Monday – Thursday Time: 5:00 – 7:00 p.m.

Place: WMS – back field Fee: \$70.00

Session 2: August 15 – 19

Days: Monday – Friday Time: 9:00 a.m. – 12:00 p.m.

Place: WMS – back field Fee: 109.00

Sports Camps, continued

CAMP REGISTRATION BEGINS APRIL 4. We will be communicating important camp information via email this summer, please supply us with an email address when you register.

Full Day and Half-Day Multi Sport Camp

These camps give participants the opportunity to experience over 15 sports in a week. Campers will receive technical instruction in each sport and will then experience the sport in a realistic game situation. After lunch (typically 11:30 am–Noon) all campers will experience the fun and excitement of the USSI Olympic Games and World Cup. The Full Day camp offers campers the chance to experience additional sports and daily sports challenges in addition to the entire sports line up of the half-day camp. Camper to counselor ratio will not exceed 12:1. Campers should bring along a lunch (full day and AM only), snack and a water bottle and wear weather-appropriate clothing for outdoor play including sneakers and sunscreen. Every camper receives a t-shirt and certificate. In case of rain, this program will meet in the gym.

Days: Monday – Friday Dates: 8/22 – 8/26 (1 wk) AM Half-Day (Ages 5-14), 9:00 a.m. - 12:30 p.m., \$159.00 PM Half-Day (ages 5 – 14), 1:00 – 4:00 p.m., \$139.00 Full-Day (Ages 6-14), 9:00 a.m. – 4:00 p.m., \$189.00

Place: Whisconier School – back field Instructor: US Sports Institute

Sports Squirts for Ages 3 - 5

The US Sports Institute Sports Squirts Program introduces children ages 3 to 5 to a variety of sports including soccer, basketball, t-ball and lacrosse in a safe, structured environment. All games and activities will encompass hand/eye coordination, balance, agility and movement – all key factors to the early development of children in sports. In addition to having a great time playing the different sports, children will develop social interaction and communication skills. All sports are developed through a series of games and activities designed to ensure learning and most importantly: fun, fun, fun! Campers should bring along a snack and a water bottle and wear weatherappropriate clothing for outdoor play including sneakers. Every camper receives a t-shirt and certificate.

Days: Monday – Friday Dates: 8/22 – 8/26(1 wk)

Time: 4:30 – 5:30 p.m. Fee: \$79.00 Location: Whisconier School – back field

Instructor: US Sports Institute

Flag Football

Skyhawks flag football is the perfect program for young athletes entering grades 5 – 8 who want a complete introduction to America's Game or for those who simply want to brush up on their skills in preparation for league play. Through our 'skill of the day' campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning – all presented in a fun & positive environment. Recommended for beginner to intermediate athletes. The week ends with the Skyhawks Sports Bowl, giving participants a chance to showcase their skills on the gridiron! Camper to coach ratio will not exceed 14:1. Campers should wear appropriate clothing (including running shoes and sunscreen) and bring two snacks and a water bottle. All campers will receive a t-shirt and merit award.

Days: Monday – Friday Dates: 8/1 – 8/5 (1 wk)

Time: 9:00 a.m. - 12:00 p.m. Fee: \$109.00

Location: Whisconier School – back field

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Sports Camps, continued

CAMP REGISTRATION BEGINS APRIL 4. We will be communicating important camp information via email this summer, please supply us with an email address when you register.



Melendez Tennis Camp

Melendez Tennis Camps are high-quality, half-day camps that offer boys and girls entering grades 2-8 an opportunity to develop lifetime skills in the sport

of tennis. Campers will work with qualified instructors in small, age and skill appropriate groups and will be taught the skills and etiquette necessary to become successful tennis players. Campers will also have the opportunity to develop interpersonal and social skills as they enjoy organized offcourt activities with their peers. A few reasons why Melendez Tennis Camps stand above the rest: 4:1 Student to Instructor Ratio, Weekly Individual progress reports, Live videotape stroke analysis and Culminating award ceremony and exhibition tournament. Campers should wear sneakers and athletic clothing and bring a water bottle each day. Campers must supply their own racquets and bring an unopened can of tennis balls. A camp t-shirt is included in the fee. Rain make ups will be held on Saturday, July 23 for session 1 or Saturday, July 30 for session 2. Visit

www.MelendezTennis.com for more camp details.

Days: Monday – Friday Times: 8:30 a.m. – 12:00 p.m.

Session 1: 7/18 – 7/22 (1 wk)

Session 2: 7/25 – 7/29 (1 wk) Place: BHS Tennis Courts

Fee: \$169.00/week (Or two weeks for \$325.00)

Melendez Tennis Intensive

Melendez Tennis is now offering an intensive workshop for intermediate to advanced players. During each daily 90-minute session players will have the opportunity to further hone their tennis skills in a small group setting. Professional instruction with a maximum of four students per group will emphasize the following: Advanced biomechanical technique for all strokes, Strategic point combinations and attacks, Mental toughness and tournament preparation, and Culminating match-play tournament with prizes. First priority to this *limited enrollment* Workshop will go to players entering grades 4-8 who are enrolled in the Melendez Tennis camp. Since the *Intensive* is geared for intermediate-advanced players, a skills assessment may be required. Rain

<u>www.MelendezTennis.com</u> for more details.

Days: Monday – Friday Time: 12:30 – 2:00 p.m.

Days: Monday – Friday Time: 12:30 – Dates: 7/25 – 7/29 (1 wk) Fee: \$125.00

make ups will be held on Saturday, July 30. Visit

Place: BHS Tennis Courts

Quick Start Tennis

Children ages 5 and 6 will learn how to control a tennis ball with a racket and have fun in this beginning program taught by BHS Girls Coach Elaine Gregory. Students may bring their own rackets. (Rackets will be supplied for anyone who needs one.) Students should dress appropriately for outdoor play, wear sneakers and bring a water bottle each day.

Day: Monday - Friday Time: 9:00 - 10:00 a.m.

Dates: 7/11 – 7/15 (1 wk) Fee: \$49.00

Place: BHS Tennis Courts

Instructor: Elaine Gregory, BHS Girls Coach

Specialty Camps – Art

CAMP REGISTRATION BEGINS APRIL 4. We will be communicating important camp information via email this summer, please supply us with an email address when you register.



Camp Watercolor

Campers age 8 – 14 will enjoy learning drawing and watercolor painting techniques. Each camper will receive

individualized attention to be successful at their ability level, culminating with the completion of a painting. Bring a snack and a drink each day. Please ask for a materials list when registering. (Materials cost is approximately \$40.00 and is available locally).

Days: Monday - Friday Time: 9:00 a.m. - 12:00 p.m.

Session 1: 7/18 – 7/22 (1 wk) Fee: \$89.00/session Session 2: 8/1 – 8/5 (1 wk) Place: HHES Classroom

Instructor: Victoria Lange

Paint, Draw & More Camp

This fun summer art camp is offered by Paint, Draw & More for students age 5-13. Each day is comprised of a full day of creating fine art, some of which may include drawing, painting, mask making, sculpture, bookmaking, cartooning, collage, print making, and group projects. Story telling, music making and movement will also be added as time allows. Activities will take place in and out of doors depending on the weather. Students will explore a variety of mediums and be encouraged to break artistic boundaries and express their creativity in new and exciting ways. Campers should bring a lunch, snack and smock.

Day: Monday – Friday Time: 8:30 a.m.- 2:30 p.m.

Dates: 7/11 - 7/15 (1 wk) Fee: \$295.00

Place: HHES

New ~ Fun Arts

Your Preschooler age 2.5-3 will enjoy The Arts this week. 2 days of music, children will sing and make up songs with our visiting musician, 2 days of creativity with food art & finger designs. The last day they will move to the beat of hip hop, jazz and learn the poise of ballet. Children don't need to be potty trained. Please pack a snack and a drink

Day: Monday – Friday Time: 9:15 a.m. – 12:15 p.m.

Dates: 7/18 – 7/22 (1 wk) Fee: \$165.00 Place: Congregational Church Instructor: Kidsfit

New ~ Puppet Fantasy

Your child age 2.5-3 will enjoy the adventure of puppetry as their favorite stories come to life. Each day they will make a different kind of puppet and practice their social skills in our puppet theater. In addition, they will dress up as various story book characters and enjoy a half hour of creative movement. Children don't need to be potty trained. Please pack a snack and a drink

Day: Monday – Friday Time: 9:15 a.m. – 12:15 p.m.

Dates: 8/1 – 8/5 (1 wk) Fee: \$165.00 Place: Congregational Church Instructor: Kidsfit

Specialty Camps – Theater, Cooking

CAMP REGISTRATION BEGINS APRIL 4. We will be communicating important camp information via email this summer, please supply us with an email address when you register.

New ~ Summer Theater Workshop

Be part of a cabaret production! Learn and participate in different areas of theater from stage blocking and dance, to costumes and lighting. The Workshop is led by John LaMendola, BHS Choral/Theatre Director and long-time professional actor (and Brookfield resident). Musical Theatre Choreography by Ms. Josie Bielmeier; 25 year professional theatre veteran actress and dancer. Open to students entering grade 5 through 12 (graduating senior). Please bring a snack and beverage. Final cabaret performances for friends and family will be held on Friday, July 15th at 10:00 a.m. and 12:00 p.m. in the BHS Auditorium.

Day: Monday - Friday Time: 9:00 a.m. – 1:00 p.m.

Dates: 7/5 – 7/15 (2 wks) Fee: \$230.00

Place: BHS Auditorium



Performing Arts Camp

Performing Arts Camp for 6 to 14 year olds is an intensive, fun, highly charged one-week performing arts program. Campers who participate in this camp will receive training in acting, dancing and singing by performing

artists. The end of the week will culminate with a performance for family and friends. For more detailed information, please visit www.performingartsprograms.biz or call 860-432-9890 for more information. If you prefer to register online for this program, you may do so through the Performance Arts Programs website listed above.

Days: Monday – Friday Time: 9:00 a.m. – 2:30 p.m.

Dates: 7/25 – 7/29 (1 wk) Fee: \$200.00 Instructor: Performance Arts Programs, Inc.

Place: WMS Café/Stage

International Kitchen Kids

Kids entering grades 2 – 4 and 5 - 8 will learn to use new cooking techniques, fresh ingredients, and menu planning while creating delicious and nutritious meals and desserts from around the world. Different themes for each day will focus on regional cuisines or cooking techniques so that students get a taste of a variety of different regions. Space is limited to 12 participants. Please bring a water bottle and let us know when registering if your child has any food allergies or special dietary restrictions.

Session 1: Chinese, Mexican, German, Greek & Baking Session 2: Italian, French, Southern (US), Cuban & Pastry Day: Monday - Friday

GRADES 2 - 4 Ses. 1: 7/25 - 7/29, 9:00 - 11:00 a.m.

Place: WMS Home Ec. Room #1515

GRADES 2 – 4 Ses. 2: 8/15 – 8/19, 9:00 – 11:00 a.m.

Place: Congregational Church, Fair Kitchen

GRADES 5 – 8 Ses 1: 7/18 – 7/22, 9:00- 11:00 a.m.

Place: WMS Home Ec. Room #1515

GRADES 5 – 8 Ses 2: 8/8 – 8/12, 9:00- 11:00 a.m.

Place: WMS Home Ec. Room #1515

Fee: \$75.00/session Instructor: Jen Tomaino

Specialty Camps - Cooking, Nature

Junior Chefs

Campers age 4-entering grade 1 will learn kitchen basics including recipe preparation, measuring and procedures all sprinkled with a lot of fun! Space is limited to 10 participants. Please bring a water bottle and let us know when registering if your child has any food allergies or special dietary restrictions.

Day: Monday - Friday

Session 1: 7/25 - 7/29, 9:00 - 11:00 a.m.

Place: WMS classroom

Session 2: 8/15 - 8/19, 9:00 - 11:00 a.m. Place: Congregational Church, Lounge

Fee: \$75.00/session Instructor: Pam Zavarelli

The Great Outdoors

No one can be expected to care about and protect the natural world that does not understand it. Campers age 7-12 will explore the great outdoors through hikes, games, experiments and projects. They will investigate topics including the weather, wild flowers, local plants, trees and birds and pond wildlife. Camp will meet at the entrance to Williams Park (across from the Brookfield Library) at 9:00 am. Pick up will be in the same location at 12:00 pm. One day the program may meet at Happy Landings instead, details will be given at camp. Please bring a lunch and water, wear bug spray and sunscreen and your most comfortable hiking shoes! In case of inclement weather, Friday will be our make up date.

Day: Tuesday - Thursday Time: 9:00 a.m. – 12:00 p.m. Session 1: 8/2 – 8/4 (3 days) Place: William's Park Session 2: 8/23 – 8/25 (3 days) Instructor: Jen Tomaino

Fee: \$75.00

Specialty Camps – "Back to School"

Descriptive Writing Workshop- Painting with Words

Students entering grades 3-5 will paint pictures with words during this descriptive writing workshop. Activities to inspire creativity will include nature and art observations in the framework of the writing process. Readings from authors such as Roald Dahl and Jane Yolen provide models for the student's own creative thought process. Students should bring snack/drink each day.

Days: Monday - Thursday Time: 10:00 a.m.-12:30 p.m..

Dates: 7/18 - 7/21 (4 days) Fee: \$99.00 Place: Tutoring Club, 270 Federal Road

Math Boot Camp

Sound tough? Going back to school without a solid foundation is tougher. This workshop is designed to get students refocused on math prior to starting the new school year. Students will be presented with activities, exercises, and games to ensure that core skills are addressed. Students will enter the school year with more focus and greater confidence. The workshop is geared toward students entering grades 4-7.

Day: Monday-Thursday Time: 10:00 a.m.- 12:00 p.m.

Dates: 8/15- 8/18 (4 days) Fee: \$75.00 Place: Tutoring Club, 270 Federal Road

Specialty Camps – Technology

TechStars by Computer Explorers are a series of technology classes designed to facilitate STEM (Science, Technology, Engineering, Mathematics) learning. The educational materials or equipment that are used in the curriculum came from various sources like Lego Education, MIT Media Lab who emphasize on STEM education and 21st Century Skills. But most importantly, our classes provide a hands-on educational setting to make learning FUN! The following camps will be offered this summer:

New ~ Flights and Rockets

Building projects may include paper airplanes, balloon cars, stomp rockets, water rockets and more. These hands-on projects provide students opportunities to experiment with the basics of aeronautics such as thrust and drag, lift and weight. Campers entering grades 1 and 2 will have a BLAST!

Day: Tuesday - Thursday Time: 12:45 – 3:15 p.m.

Dates: 7/5 - 7/7 (3 days) Fee: \$95.00

Place: HHES Classroom

Junior Robotics

With the LEGO WeDo Robotics System, students entering grades 3 through 6 can build and program their own robotic creations. Designed by the experts at MIT, this unique system teaches children about simple machines, engineering, computer programming and so much more. Young imaginations soar! Please note, all Lego lab kits and computer software used are for classroom use only.

Time: 9:30 a.m. - 12:00 p.m. Day: Tuesday – Thursday

Dates: 7/5 - 7/7 (3 days) Fee: \$95.00

Place: HHES Classroom

Lego® in Motion

Calling all Lego enthusiasts and builders entering first and second grade! We put fun in motion as students learn how to use wheels and axles, motors, kinetic energy and balance to create numerous contraptions which will be powered with motors and battery packs. Projects may include dragster, tractor, racecar and more. Please note, all Lego lab kits used are for classroom use only.

Day: Tuesday – Thursday Time: 12:45 - 3:15 p.m.

Dates: 7/26 – 7/28 (3 days) Fee: \$95.00

Place: HHES Classroom

Video Animation Gaming

Students entering grades 4 – 8 will be using the software program 'Scratch' developed by MIT Media Institute to create animation, music videos, Pac man like video games and more. Creations from this class along with a copy of this software will be sent home so they can continue to have fun!.

Day: Tuesday – Thursday Time: 9:30 a.m. – 12:00 p.m. Dates: 7/26 – 7/28 (3 days) Fee: \$95.00

Place: HHES Classroom

Passes

All passes are for Brookfield Residents only. For purposes of our passes, a family is defined as two married adults and dependents in the same household. We reserve the right to ask for proof of residency.

Beach Passes – If you haven't been to the beach lately, you might be pleasantly surprised! Our Town Park Beach on Candlewood Lake features swimming, basketball and sand volleyball courts, shaded picnic areas with tables and grills and a concession stand. Beach passes for the season will ONLY be sold at the Parks & Rec. Office and are available for purchase beginning April 18, 2011.

Family Pass \$66.00 Individual Pass \$50.00

Senior Couple Pass \$40.00 (age 65+, includes husband/wife) Senior Family \$55.00 (age 65+ and up to 4 grandchildren)

Senior Individual Pass \$32.00 (age 65+)

Guests may enter the Town Beach when accompanied by a Brookfield resident. The daily fee is \$5.00 per guest. Brookfield residents may also pay the daily fee of \$5.00 per person at the gate in lieu of purchasing season passes.



Boat Passes – Available April 1, 2011. Brookfield Residents and/or homeowners only. You MUST bring in your boat and trailer registrations in order to obtain your pass. We do not keep copies on file.

Boat Pass - On Trailer \$80.00 Boat Pass – Car Top \$45.00

Senior Boat Pass-On Trailer \$45.00 (age 65+) Senior Boat Pass - Car Top \$27.00 (age 65+)



William's Park Tennis Passes - Well maintained Har-Tru clay courts. A court will be available when you get there by reserving it through

the Parks & Rec. Office. Courts are open Memorial Day Weekend through October, weather permitting. Available for purchase April 18, 2011.

Family Tennis Pass \$60.00 Individual Tennis Pass \$45.00

Senior Tennis Pass \$40.00 (age 65+)

Splash Pass - Enjoy our waterfront facilities and a 10% savings for the beach and boat ramp. Available for purchase April 18, 2011. You **MUST** bring in your boat and trailer registrations in order to obtain your pass. We do not keep copies on file.

Splash Pass - Family Splash Pass – Senior Family (includes husband/wife) \$76.50



Club Pass - Those who enjoy swimming and tennis will save 10% on this pass for the beach and William's Park tennis. Available April 18, 2011.

Club Pass - Family \$107.00

Club Pass - Senior Family (includes husband/wife) \$67.50

2011 Brookfield Town Park Beach Hours

Memorial Day Weekend

Saturday, May 28 11:00 a.m. – 6:00 p.m. Sunday, May 29 12:00 – 6:00 p.m. Monday, May 30 11:00 a.m. - 6:00 p.m.

Early Season - Before the last day of school (Tuesday, May 31 through June 19)

Weekdays CLOSED

Saturdays 11:00 a.m. – 6:00 p.m. Sundays 12:00 – 6:00 p.m.

Summer Season - Begins the last day of school (June 20 through August 28)

Weekdays 10:00 a.m. – 7:00 p.m.

Wednesdays NOODLE HOUR 6:00 – 7:30 p.m.

Saturdays 11:00 a.m. – 7:00 p.m. Sundays 12:00 – 6:00 p.m.

> **Late Summer Season** (Monday, August 29 - Friday, Sept 2)

CLOSED

Labor Day Weekend

(Saturday, Sept 3 – Monday, Sept. 5)

Saturday, Sept 3 11:00 a.m. - 6:00 p.m. Sunday, Sept 4 12:00 - 6:00 p.m. 11:00 a.m. – 6:00 p.m. Monday, Sept. 5

Town Park Rules

- No swimming allowed when lifeguard is not on duty.
- 2. Park passes sold to Brookfield residents and/or homeowners only.
- 3. Guests must be accompanied by a pass holder or provide proof of residency.
- 4. No swimming allowed outside the designated areas.
- 5. No flotation devices are permitted. (Including P.F.D.'s life iackets)
- 6. Children 12 and under must have adult supervision at all
- 7. Only one person at a time allowed on the diving board.
- 8. No dangerous play will be tolerated.
- 9. Swim team floats may be used under beach personnel supervision only.
- 10. No food or beverages are allowed on the beach area.
- 11. No glass is allowed in the Park.
- 12. No smoking on the beach.
- 13. No pets of any kind are permitted.

Swim Lessons and Brookfield Muskrats Swim Team

SWIM LESSON REGISTRATION BEGINS APRIL 18.



Swim lessons are 1/2 hour in length and are held for ten classes. Lessons are held Monday – Friday at the Town Park Beach. Participants MUST have a family beach pass in order to attend lessons.



Lessons will be cancelled in event of heavy rain or thunder and lightning. Up to two days per session will be made up because of weather cancellations. We are not able to accept registrations once a session begins.

Session 1: June 27 – July 11 – no class 7/4 (make up days on 7/12 and 7/13)

Session 2: July 14 – July 27 (make up days on 7/28 and 7/29)

Session 3: August 1 - August 12 (make up days on 8/15 and 8/16)

Fee per session is \$35.00 for one child, \$65.00 for two children, \$90.00 family maximum.

LEVEL:	AGE:	DESCRIPTION:
Pre School Level	3 - 4 yrs	Beginning instruction, water intro, class without parent
Water Exploration Level 1	5 and up	Aquatics orientation, supported floating/kicking
Primary Skills Level 2		Expand fundamental locomotion & safety skills
Stroke Readiness Level 3		Increase swimming competency, safety/rescue
Stroke Development Level 4		Develop confidence & competency in strokes
Stroke Refinement Level 5		Refinement of crawl, back, breast & side strokes
Skill Proficiency Level 6		Introduce surface dives & flip turns

A more detailed list of skills covered at each level is available for your review at the Parks & Recreation Office. We do our best to work with you to ensure that your child is placed at the correct level. However, swim instructors evaluate all swimmers on the first day of lessons, and you may be asked to switch levels so that your child will attain the maximum benefit.

	10:30- 11:00	11:10- 11:40	11:50- 12:20	12:30- 1:00	1:00- 1:30	1:40- 2:10	2:20– 2:50	3:00 – 3:30	3:30 – 4:00	4:10– 4:40	4:50– 5:20
Instructor #1	Level 4	Level 3	Level 5*		Level 3	Level 2	Level 4		Level 3	Level 5*	Level 2
Instructor #2	Level 2	Pre- school	Level 1		Level 1	Pre- school	Level 1		Pre- school	Level 1	Pre- school

^{*}For session 2 level 6 will be offered in place of level 5 at 4:10 p.m. For session 3 level 6 will be offered in place of level 5 at 11:50 a.m.



Brookfield Muskrats Swim Team

Swimmers will enjoy the many benefits of the Muskrats Swim Team including daily practices, competing in meets, pasta parties, and team trips. **Practice begins Tuesday, June 21 (or the weekday after school ends if after 6/20)** at the Town Park. There will be an orientation meeting for the parents of new and returning swimmers on Tuesday, June 7, 7:00 p.m. in room 133 of Town Hall. Season calendars and handbooks will be distributed at this time. Practices are held weekdays; times vary depending on

age group. Depending on enrollment, there is a possibility that the practice times may be adjusted slightly when the season begins. Please note that a swimmer's age is as of July 1, 2011. The purchase of a beach pass is *required* to register for the Muskrats. Fee is \$95.00 per swimmer with a family maximum of \$190.00. All swimmers will receive a Muskrats Team T-shirt and swim cap. Please specify t-shirt size (Youth S, M, L or Adult S, M, L, XL) when registering. Other Team apparel (sweatshirts, shorts, pants) will be available for purchase before the start of the season. Order forms will be available at the 6/7 meeting.

8 & under* 10:15 - 11:00 a.m. 9 & 10 11:00 - 11:50 a.m. 11 & 12 12:05 p.m. - 1:05 p.m. 13 & up 1:05 p.m. - 2:05 p.m.

^{*}Must pass an evaluation by the Swim Team Coach. All first time 8 and under swimmers will be evaluated on the first day of the program. It is recommended that all swimmers be at Red Cross Level 4 or above.

Outdoor Adventure



Beginning Rock Climbing

A fun and exhilarating introduction to climbing in a relaxed, friendly environment. Program includes all equipment and instruction, featuring easy to challenging routes to climb. Students ages 8 and up, joined by a familiar adult, have

the opportunity to participate as part of the Family Adventure, giving them an opportunity to climb, as well as learn the belay skills necessary to keep climbers safe while on the rocks. Back up safety measures are provided. Meet at St. John's Ledges in Kent. Fee is \$65.00 per person, per day.

Family Adventure- Ages 8 and up-10:00 a.m. - 2:00 p.m.

Session 1: May 21 Session 2: June 5



Horseback Riding Lessons

This course offers basic horse care, grooming, tacking up, and riding skills from beginner to advanced. In case of inclement weather, lessons will be held in an indoor ring. Register with the Parks &

Recreation Office, and Brushy Hill Farm will contact you directly to set up a mutually convenient lesson time. These group lessons begin the week of April 25 (or at your convenience) and will last for six weeks, one hour each week. Brushy Hill Farm is located in Southbury, just 13 minutes from the flagpole in Newtown. Directions are available at the Parks & Recreation Office. Long pants and shoes with heel are recommended. Hard hats will be provided. Fee: \$295.00

Community Connection

22nd ANNUAL BUNNY BREAKFAST AND VENDOR FAIR

To Benefit the Brookfield Community and Offer Scholarships to graduating high school seniors living in Brookfield Hosted by the Brookfield Newcomers and Neighbors Club

Bring the kids, visit with the bunny, and enjoy!!
Pancakes, Eggs, Sausage, Fruit
Juice, Coffee, Tea, Water
Games and Activities for the Kids
Vendor Sale
Raffles and Silent Auction

Saturday, April 9 8:30AM - 12:00 PM

(Breakfast Served until 11:00 AM) Brookfield High School Cafeteria

\$7.00 for adults and \$4.00 for children at the door (purchase tickets in advance for discounted packages) Call Ann Salinger 546-8698 or acsalinger@aol.com for additional information

If you would like to make new friends and have fun, join Brookfield Newcomers and Neighbors! We are a social club whose membership includes long-time residents and newcomers to town. We have a variety of activities: TGIF, Socials Dinners, Book Club, Ladies' Night Out, Lunch Bunch, Bunco, and Wine Tasters. If interested, please call Gerry Jove @ 203-740-7178 or gaffneyjove@aol.com or Kathy Powers @ 203-300-5340 or k.mueller@comcast.net.

Community Connection

The Garden Club of Brookfield

The Garden Club of Brookfield's Plant and Market Sale will be held on Saturday, May 14 from 8:00 AM to 12:00 Noon at the Brookfield Library. We will be selling perennials, annuals, vegetables, herbs, baked goods and we will have a market place. Please come and help support the beautification of Brookfield.

If you enjoy gardening, field trips, educational programs, meeting new friends and are interested in the beautification of Brookfield, then the Garden Club of Brookfield is for you! If you are interested in joining our group, please call Laura at 203-775-4237. www.thegardenclubofbrookfieldct.org

Summer Camp Fair Thursday March 31st, 6-8pm Brookfield Library

The MOMS Club® of Brookfield West is hosting a FREE Summer Camp Fair at the Brookfield Library on Thursday March 31st from 6-8pm.

Area programs will have representatives present to answer questions and hand out materials on their various programs. Program's range from once a week classes, to half or full day camp programs for children of all ages (infants through middle school). Participating programs are located in Brookfield, Danbury, Newtown, Bethel, and New Milford. Some programs will be offering drawings for free classes or discounts. Snacks will be provided and there will be free drawings for prizes donated from local businesses.

Children are welcome and there will be a small craft station with volunteers to help keep the kids busy while parents speak to the program representatives. For more information please email momsclubofbrookfieldwest@yahoo.com.



HONOR AN EDUCATOR PROGRAM

Show your appreciation to those who have made a difference in your or your child's life; that special teacher, coach, scout leader, bus driver, daycare provider, or tutor. For a minimum donation of \$10, your nominee will receive a certificate of appreciation, and his or her name displayed in a special listing on the Brookfield Education Foundation website and on Channel 17. They will also be invited to an appreciation celebration in May.

100 % of your donation will help in the Brookfield Education Foundation's mission to provide resources for lifelong learning by Brookfield residents of all ages. Please see our website for details on grants we have awarded to the community.

To nominate an educator, please download the form from the website and send it, along with your contribution, by April 30th to: *Brookfield Education Foundation, PO Box 5047, Brookfield, CT 06804*

Please make checks payable to Brookfield Education Foundation. All contributions are tax deductible to the extent allowable by law.

http://www.brookfieldeducationfoundation.org

From the Director

Wow what a Winter! As I write this (on March 7th, 2011) there is finally no snow in the forecast for the first time in like...two months. I am hopeful that the earth will eventually "thaw" that fields & trails will eventually "firm- up" and that spring will eventually *get here already*!

Late this spring we can't wait to break ground on the first phase of the Still River Greenway! This first piece is funded with an 80% matching grant from the State which means the Town pays 20% of the cost of this project. Although initially a small piece of the overall project, the goal remains a two mile paved path along the Still River Corridor. Breaking ground on this project is a giant step in the right direction, and will put us in a better position for additional funding sources in the future to actually build out this entire project.

It is this Department's responsibility to develop and offer a wide variety of quality recreational, educational, cultural, and special events to the public at the lowest possible cost while servicing all age groups in the Town. We are dedicated to providing a variety of introductory programs, special events, and enrichment programs for all ages in an effort to change lives for the better and build a stronger community. We believe that our youth, teens, adults & seniors all have a niche that if discovered will enhance their lives and make Brookfield an even better place to reside.

We are pleased to present our Spring/Summer line up of Programs, Activities, Adult Education, Trips and Special Events. Your Recreation and Park / Grounds staff continue to maximize the Department's limited resources by improving upon Brookfield's recreational programs and facilities.

"The Benefits are Endless" Dennis DiPinto

Frequently Requested Phone Numbers									
Boy Scouts	Ray Pflomm	775-8167							
Brookfield Baseball	Field Hotline	775-5238							
& Softball									
Brookfield Education	Colette Sturm	740-0826							
Foundation (BEF) wv	Foundation (BEF) www.brookfieldeducationfoundation.org								
Brookfield for Youth	Kyle Sanborn	775-0171							
Football & Cheer	Field Hotline	775-5241							
Brookfield Lacrosse	Kevin Madden	775-4434							
	Field Hotline	775-5240							
Brookfield Soccer	Field Hotline	775-5239							
Candlewood Lake	Larry Marciano	860-354-							
Authority		6928							
CT DEP Boating		860-434-							
Div.		8638							
Conservation	Alice Dew	740-2419							
Commission									
Garden Club	Jan Stanco	775-0357							
Girl Scouts	Julie Blick	740-9015							
	blickjulie@charter.r	net							
Lion's Club	Joe Rocky	775-4340							
MOMS Club® of		885-0030							
Brookfield West momsclubofbrookfieldwest@yahoo.com									
Brookfield Newcomers	3								
and Neighbors www.brookfieldnewcomers.com									
P.O. Box 263									
Rotary Club	Russ Cornelius	775-8010							
Women's Club of	Cathy Nielsen	775-4452							
Brookfield	Karen	775-3115							
	Symington								

How to Register

The dates listed below apply to spring program registration. Please look under camp and waterfront for dates to register for those programs.



By phone when paying by VISA, Master Card, or American Express. Call 775-7310 and press 3 to speak with a staff person. Registration by phone for all winter programs begins Monday, March 21. Please note dates for summer program registration within the brochure.



By mail, include your name, address, phone number and the course that you are registering for, along with your check or credit card information. Enclose a self-addressed stamped envelope if you would like a receipt.



In person at the Brookfield Municipal Center, 100 Pocono Road. The Parks & Recreation Office is open Monday through Friday, 8:30 a.m.-4:30 p.m.

When you enter the Town Hall, make a right, and we are the last office on the left. You may register in person for spring programs anytime during office hours. Please note dates for summer program registration within the brochure.

REGISTRATIONS

 Will be accepted in person, by mail, or over the phone on a first come, first served basis. Full payment must accompany registration.
 If you would like a receipt from a mail-in registration, enclose a self-addressed, stamped envelope.
 A \$15.00 charge will be assessed on any returned checks.
 Non-Brookfield residents will be accommodated beginning 2 weeks prior to the start of a program with payment of a \$5.00 surcharge.

REFUND POLICY

 Registrations may be canceled up to one week prior to a program's starting date.
 No refunds will be given once a program has begun, unless a substitute can be found by this Department, or unless there is a medical emergency.
 Absolutely no refunds will be given for any used portion of a program.
 All refunds are subject to a 10% administrative surcharge.

PROGRAM CANCELLATION POLICY

1) Parks & Recreation reserves the right to cancel any program due to lack of participation 2) Approximately one week prior to the start date for each program, a definite decision will be made to cancel or run the program.

Brookfield Parks & Recreation presents: CONCERTS IN THE PARK '2011

In Association with

TE HOUSATONIC TIMES

CE OF NEW MILEORD • DROOKFIELD • WASHINGTON • BRIDGEWATER • ROTEKEY • SHERHAN

Aug. 26	Aug. 19	Aug. 12	Aug. 5	July 29	July 22	July 15	July 8	July 1	June 24		Concert Date
Beyond the Wall w/ Light Show	In Harmony	Bock & Blu	Older Than Dirt	The Jonz	Top Dead Center	Scratch	Fat Chance	Higher & Higher	Spud Fest	Bock & Blu	Artist
Pink Floyd Tribute	50's & 60's	Funk-a-licious	60's & 70's	Dance	70's & 80's	Danceable Party Music	Rock / Blues	Dance		Funk-a-licious	TYPE
co - Webster Bank co - AVAILABLE	Newtown Savings Bank	co - Hensal Realty co - Brookfield Newcomers and Neighbors Club	AVAILABLE	co - Moms Club of Brookfield West	AVAILABLE	Brookfield Chamber of Commerce	Dental Associates of Connecticut	co - Union Savings Bank co - Brookfield Rotary Club	co - Music Together of Greater Danbury, LLC	co - Brookfield Preventive Medicine, LLC	Sponsor

Concerts are scheduled Friday evenings from 6:30 to 8:00 pm at the BANDSTAND Family Fun! Bring a Chair or Blanket and Picnic in the Park! Located at Town Hall, 100 Pocono Rd.



P.O. Box 5106 Brookfield, CT 06804 (203)775-7310

PRST STD U.S. Postage PAID Permit #69 Brookfield, CT

RECREATION STAFF:

Dennis DiPinto, Director Mary Knox, Recreation Supervisor Donna Korb, Administrative Assistant

PARKS MAINTENANCE STAFF:

Chris Rabuse, Parks Supervisor Chris Shaw, Crew Leader Rob Haggerty Craig Renda

COMMISSION:

Mark Kettunen, Chairman
Ed Butt, Co-Vice Chairman
Sara Kincade, Co-Vice Chairman
Rob Blick Joei Grudzinski
Dave Keefe
Elaine Rajcula, Commission Secretary

POSTAL PATRON



The Brookfield Parks & Recreation Department does not discriminate on the basis of race, color, national origin, gender, religion, age or disability in provision of programs and services. Individuals with disabilities are encouraged to register.

The Brookfield Parks & Recreation Department is complying with the Americans with Disabilities Act (ADA) Public Law 101336. The law addresses issues of accessibility of facilities and programs. Provisions of reasonable program accommodations will be made on a case-by-case basis to allow people with disabilities to participate in and benefit from programs. Documentation of disability is required when requesting reasonable modifications.

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Registration for spring programs begins Monday, March 21